



Catalogue 2021

An award-winning medical publisher

An award-winning publisher

Welcome to tfm publishing's 2021 catalogue.

We are an independent family-owned company specialising in academic medical publishing. Our main area of publishing focus is in the fields of anaesthesia, critical care and intensive care medicine, general surgery, trauma, cardiology, cardiothoracic surgery, vascular surgery and urology. The majority of our books are also available in various e-book formats — epub, mobi and web pdf — and these are highlighted throughout the catalogue. Our e-books are available from many e-book suppliers including, but not limited to, the following: Proquest, Apple, amazon, Ingram/MyiLibrary, EBSCO, Google, Ebrary, Kobo, Rittenhouse, Dawsons, Gardners, Ellibs, Elib, Numilog, Overdrive, Lavoisier.

Our established bestsellers like 'Top Knife', 'Aphorisms and Quotations for the Surgeon', 'Key Questions in Cardiac Surgery', 'Key Questions in Thoracic Surgery' and our anaesthesia/intensive care examination books continue to sell well. 'Blood, Sweat and Tears — Becoming a Better Surgeon', by Dr. Philip F. Stahel MD FACS, Director, Department of Orthopedics, Denver Health Medical Center, is proving to be a winning formula. 'The Medical & Surgical Residency Survival Guide — How to Build a Tactical Advantage for Success' has been a very useful addition to the medical literature and is very popular with residents as they navigate through their education and training. The new series of exam question books — the MedQ4exams series — was launched in 2019 and is helping medical students to prepare for their final exams. 'SBAs, EMQs & SAQs in MEDICINE' and 'SBAs, EMQs & SAQs in SURGERY' were the first two books in the series, and a further two books are planned for the Spring of 2021. Other releases for 2020 were 'The Little Book of Medical Quotes' and 'The Little Book of Aphorisms & Quotations for the Surgeon' — the last in the trilogy in this bestselling series.

We are pleased to announce the publication of 'Schein's Common Sense Emergency Abdominal Surgery', 5th edition, which follows on the heels of the already successful previous editions. 'Key Questions in Congenital Cardiac Surgery' is moving ahead and will complement the other two existing books in this super successful series. A particularly important book for 2021 will be the publication of 'Cystitis unmasked'. It

will uncover the truth about the current tests and criteria used to define UTI, discuss antimicrobial resistance and uncover the science and ground-breaking research on UTIs. Above all, it will offer a key to the successful treatment of this debilitating condition. 'Chronic Pain Management' covers important topics in chronic pain relevant to a broad range of clinicians. We are also planning for 'Common sense hepatopancreatobiliary surgery' later in 2021, written in the same no-nonsense style of our internationally acclaimed bestseller: 'TOP KNIFE: the art & craft of trauma surgery'. As soon as we have more details on the book we will release some advance information.

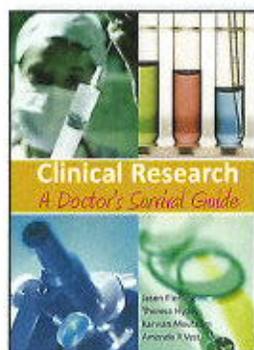
Building on the success of our existing bestselling titles, tfm is also planning to publish further editions of 'Fetal Cardiology Simplified', 'Key Questions in Cardiac Surgery' and our anaesthesia/intensive care examination books. We are also looking to extend our range of exam question books and the 'Key Questions' series.

Our books continue to receive critical acclaim and we receive many outstanding reviews in leading impact factor journals for each specialty. Every year since 2005, we have been delighted when our books continue to win awards in the annual BMA Medical Book Competition. 'Key Questions in Cardiac Surgery', 'Smart Surgeons; Sharp Decisions — Cognitive skills to avoid errors and achieve results' and 'Evidence-based Management of Stroke' won a Highly Commended Award.

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We look forward to doing business with you. We are also particularly keen to discuss rights sales and e-book opportunities on our range of titles. Details of our worldwide distributor network are listed on pages 49 and 50.

Nikki Bramhill and Paul Lawrence
Directors, tfm publishing Ltd.



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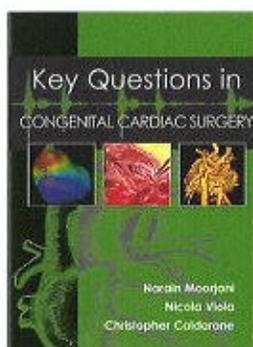
Clinical Research: A Doctor's Survival Guide

Jason Fleming MBBS BSc MRCS DOHNS MEd MRC *Clinical Research Fellow/ENT Specialty Registrar, Cancer Sciences Unit, University of Southampton, UK*, **Theresa Hydes** MBBS BSc MRCP MRC *Clinical Research Fellow/Gastroenterology Specialty Registrar, Clinical and Experimental Sciences Academic Unit, University of Southampton, UK*, **Karwan Moutasim** BDS MSc PhD NIHR *Clinical Lecturer in Pathology, Somers Cancer Research Building, University of Southampton Faculty of Medicine, Southampton General Hospital, UK*, **Amanda R. Vest** MBBS MRCP *Attending Physician in Heart Failure and Cardiac Transplantation, Division of Cardiology, Tufts Medical Center, Boston, USA*

Relevant, practical and comprehensive, this book is the definitive guide to research for medics. Research skills are now a key component for the medical curriculum from medical school through to senior specialty trainees. Medical research affects every part of a doctor's working life — from learning the basic principles of research at medical school, through to leading large trials to guide the gold standards for patient care. A career in medicine without participating in research in some capacity is unthinkable and for many, this involves a dedicated period of research training aiming for the award of a higher degree (MPhil/MD/PhD).

In *Clinical Research: A Doctor's Survival Guide* the reader is taken step-by-step through the planning stages through to 'surviving' the PhD, getting through the viva, learning the publication process and grappling with the balancing act of being a clinical academic. All those issues that no one tells you about before you start will be addressed. In addition, there will be tips and contributions from leaders in academic medicine, providing an invaluable insight into clinical academia. The style of the book will be highly engaging and easy to read. Real life examples of some of the issues encountered will be provided.

The authors are all clinical academics in different specialties with extensive experience in medical research.



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Key Questions in Congenital Cardiac Surgery

Narain Moorjani MB ChB MRCS MD FRCS (C-Th) *Papworth Hospital, University of Cambridge, UK*, **Nicola Viola** MD *Southampton General Hospital, University of Southampton, UK*, **Christopher Caldarone** MD FRCS *The Hospital for Sick Children, University of Toronto, Canada*

This book will systematically cover all the main topics involved in the current practice of a congenital cardiac surgeon. It will incorporate current guidelines for practice (such as from the American College of Cardiology, American Heart Association, British Paediatric Cardiac Association and European Society of Cardiology) and up-to-date information based on current literature. Each chapter will include the etiology, pathophysiology, clinical features, indications for surgery, peri-operative management, surgical options and postoperative care. Possible complications will be discussed and the results of current practice presented. Importantly, there will be a section on basic sciences and congenital cardiac investigations with many images. The data and body of knowledge is strictly evidence-based and is relevant to all congenital cardiac surgical trainees, at any stage of their training programme. It will provide residents, fellows and specialist registrars the necessary information to carry out their daily duties. Congenital cardiologists and pediatric cardiac intensive care unit specialists will also find the book useful. Another important group is the nursing staff, physiotherapists and other professions allied to medicine working with patients with congenital cardiac disease either pre-operatively or postoperatively, as it will help to give a detailed understanding of the principles surrounding congenital cardiac surgical disease. Most importantly, the book is ideal as a revision aid for residents/registrar's undertaking their Cardiothoracic Surgery Board examinations around the world. Although these examinations vary in format in different countries, this book is applicable to all cardiothoracic surgical trainees. Its concise, yet complete coverage of the important topics, make it the ideal guide to answer the key questions in congenital cardiac surgery that are asked within the confines of an examination.

TBC

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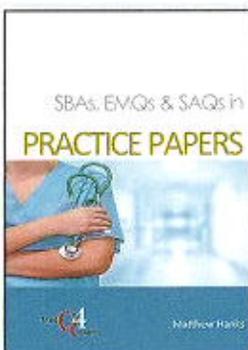
Common sense hepatopancreatobiliary surgery

Francis Sutherland MD FRCS Professor, Section of General Surgery, University of Calgary, Foothills Medical Center, Calgary, Alberta, Canada; **Chad G. Ball MD MSc FRCS FACS** Professor of Surgery and Oncology, Hepatobiliary and Pancreatic Surgery, Trauma and Acute Care Surgery, University of Calgary, Foothills Medical Center, Calgary, Alberta, Canada.

The learning curve for a hepatopancreatobiliary (HPB) surgeon is steep. The hazards involved in these operations can be a painful experience with both real and potential patient harm. This book aims to help learners in the basics of HPB surgery. It is not a textbook or a 'how to' manual, but rather a set of guiding principles, for approaching, learning and performing HPB surgery. We also review attributes that a surgeon *must* have to be successful.

This book concentrates on practical tips of operating within each different area of HPB surgery and endeavors to help young surgeons understand what they are trying to achieve and to develop a template for ongoing knowledge acquisition. It stresses a common sense approach and is written in a similar style to the internationally acclaimed surgical trauma book — *TOP KNIFE: the art & craft of trauma surgery*.

HPB surgery is about solving difficult challenges. Being a 'problem solver' results in a life that is full of strife, but rich in meaning.



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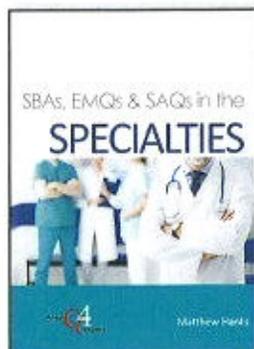
Matthew Hanks BSc (Hons) MBChB PG Cert Surgery

SBAs, EMQs & SAQs in PRACTICE PAPERS provides a broad range and style of questions, not only for medical students preparing for their final exams, but also for clinicians preparing for their postgraduate exams. This book includes over 40 single best answer questions (SBAs), 140 extended matching questions (EMQs) and 25 short answer questions (SAQs), giving the reader a wide variety of topics to test their exam knowledge and technique. The book also includes a variety of radiological images (abdominal and chest X-rays), ABGs and ECGs for interpretation. It is an invaluable educational resource for exam preparation and to help you succeed.

Key features:

- Over 200 questions on the core medical subjects.
- Compiled by a team of junior doctors with recent final exam and postgraduate specialty exam experience.
- Overseen by experienced doctors to ensure relevance and accuracy.
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- Pharmacology and pathology are integrated throughout the text.
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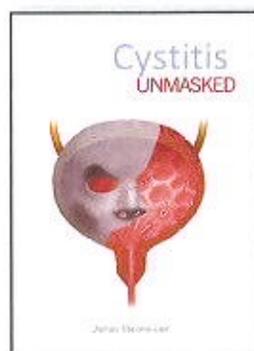
Matthew Hanks BSc (Hons) MBChB PG Cert Surgery

SBAs, EMQs & SAQs in the SPECIALTIES provides a broad range and style of questions, not only for medical students preparing for their final exams, but also for clinicians preparing for their postgraduate exams. This book includes over 130 single best answer questions (SBAs), 270 extended matching questions (EMQs) and 78 short answer questions (SAQs), giving the reader a wide variety of topics to test their exam knowledge and technique. It is an invaluable educational resource for exam preparation and to help you succeed.

Key features:

- Over 470 questions on specialty subjects.
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- Overseen by experienced doctors to ensure relevance and accuracy.
- The broad medical curriculum is covered in a succinct and consistent style.
- Pharmacology and pathology are integrated throughout the text.
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- The following main specialties are covered: Dermatology; Oncology; Ophthalmology; Obstetrics & Gynaecology; Paediatrics; Psychiatry.

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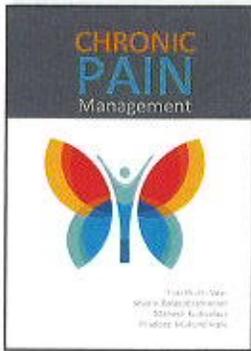
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Cystitis unmasked

James Malone-Lee MD FRCP Emeritus Professor of Medicine, University College London, London, UK

Modern science has shown that the widely held beliefs of clinicians about urinary tract infection (UTI) are wrong. A large body of meticulous, rigorous data, from different centres around the world makes this point. How can it be that doctors continue to practise in contradiction of what we now know? A few clinicians are now changing their approach with gratifying results so it is timely to encourage others to do likewise. Clinical guidelines have achieved such influence that most doctors feel compelled to follow them and may face censure if they do not. Regrettably the guidelines are mistaken and contradict the known science. The inertia of bureaucracy and the fear of antimicrobial resistance (AMR) do not help to encourage reflection. However, things are changing and the future should see new and better informed advice. It is a tragedy that these circumstances are leading to widespread suffering amongst many women, some men and children who experience untreated or inadequately treated infection that may plague them for years. This situation has to change. This book sets out the truth about this neglected field and explains the many errors that haunt the topic. The style makes the message accessible to all clinicians. The story is convincing, because the clinical stories that illustrate the text will be so familiar to practising clinicians, who have been baffled by their experiences. Above all, this book will help you and your patients by detailing an accessible, practical approach to resolving this difficult clinical problem in common practice. The scope of the book will cover: the history of the medicine of urinary tract infection (UTI); the urinary microbiome and what the microbes are really up to; the battles between the pathogens and the innate immune system; the truth about the tests and the criteria used to define UTI; antimicrobial resistance and the importance of Darwinian evolution; the science and ground-breaking research on UTIs; the use of antibiotics; successful treatment; supportive and other related treatments; ethics; the future; and, above all, the experiences of the patients.

James Malone-Lee is an Emeritus Professor of Medicine at University College London (UCL). For 37 years as a clinical scientist at UCL he studied lower urinary tract symptoms. His research group made discoveries that challenged numerous strongly held beliefs about lower urinary tract disease, particularly infection. For many years this new knowledge was rejected by many, but in the wake of corroborative evidence from others around the world, this new thinking is becoming more widely accepted.



Chronic Pain Management

Thanthullu Vasu MBBS MD DNB FRCA FFPMRCA Dip Pain Mgt *Consultant in Pain Medicine, University Hospitals of Leicester NHS Trust, UK; Dr Shyam Sundar Balasubramanian MBBS MD MSc FRCA FFPMRCA* *Consultant in Anaesthetics and Pain Medicine, University Hospitals Coventry and Warwickshire NHS Trust, UK; Dr Mahesh Kodivalasa MBBS MD FRCA FFPMRCA* *Consultant in Anaesthetics and Pain Medicine, University Hospitals of Leicester NHS Trust, UK; Dr Pradeep Mukund Ingle MBBS MD Dip Critical Care FRCA FFPMRCA* *Consultant in Anaesthetics and Pain Medicine, University Hospitals of North Midlands, Stoke-on-Trent, UK.*

This book covers important topics in chronic pain relevant to many clinicians including, but not limited to, anaesthetists, intensive care professionals, surgical and nursing staff, junior doctors, operating department practitioners, general practitioners and medical students. It makes essential reading for healthcare workers and is also an invaluable first reference for physiotherapists, healthcare managers, psychologists and researchers with a need for an overview of the key aspects of this topic.

This book will be handy for candidates preparing for examinations conducted by the Royal College of Anaesthetists, UK (FRCA), the Faculty of Pain Medicine, UK (FFPMRCA), The College of Anaesthesiologists of Ireland (FCAI), the European Society of Anaesthesiology (EDAIC), the European Society of Intensive Care Medicine (EDIC), the Australian and New Zealand College of Anaesthetists (FANZCA), the World Institute of Pain (FIPP/CIPS), the National Board of Examinations of India (Dip NB), and the American and Canadian board exams, as well as other competitive exams across the globe.

The authors are consultants in pain medicine with clinical and teaching experience in university hospitals across the UK. They regularly conduct successful pain education courses which consistently attract good feedback. They conduct regular final FRCA and FFPMRCA exam courses attended by candidates from all over the world.

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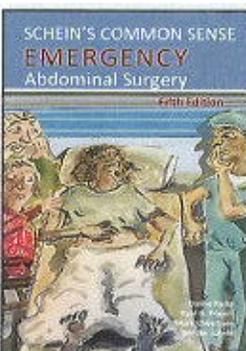
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Schein's Common Sense Emergency Abdominal Surgery, 5th Edition

Danny Rosin MD FACS *Attending General and Advanced Laparoscopic Surgeon, Department of General Surgery and Transplantation, Sheba Medical Center, Tel Hashomer; The Faculty of Medicine, Tel Aviv University, Israel; Paul N. Rogers MB ChB MBA MD FRCS (Glasgow)* *Consultant General and Vascular Surgeon, Department of Surgery, Queen Elizabeth University Hospital, Glasgow, UK; Mark Cheetham MB BS BSc MSc MD FRCS (Gen)* *Consultant General and Colorectal Surgeon, Royal Shrewsbury Hospital, Shrewsbury, Shropshire, UK; Moshe Schein MD FACS FCS (SA)* *Attending Surgeon, Marshfield Clinic, Ladysmith and Rice Lake, Wisconsin, USA.*

Since Mondor's times in the forties of the last century there was no other book in surgery to be written so easy and witty... **Boris D. Savchuk, World Journal of Surgery.** This, the fifth edition of *Schein's Common Sense Emergency Abdominal Surgery*, builds on the reputation of the four previous editions. Already a worldwide benchmark, translated into half a dozen languages, this book guides surgeons logically through the minefields of assessment and management of acute surgical abdominal conditions. Tyro and experienced surgeons alike will benefit from the distilled wisdom contained in these pages. The direct, no-nonsense style gives clear guidance while at the same time providing amusing (or saddening) insights into our collective surgical psyche. Old chapters were revised or rewritten and new chapters have been added, including a completely new colorectal section with its new co-editor. Finally, in the attempt to 'rejuvenate' the book, Danny took over the helm while the aging Moshe was pushed down the line...

Selected reviews and comments from readers of the previous edition: "What to say, perhaps the most appropriate medical book ever written." "A Must Have Book. I am about to end my chief year in general surgery residency — my copy of the first edition shows the wear of half a dozen total read throughs and probably hundreds of 'referencings'..." "Simply perfect. The best choice in surgery for trainees! It makes the more difficult surgery areas very easy to understand. I recommend it to all surgeons." "One of the best books I have read in my life! Must read for all docs out there."

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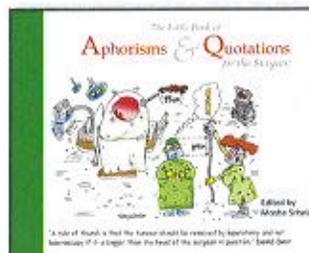
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The Little Book of Aphorisms & Quotations for the Surgeon

Moshe Schein MD FACS FCS (SA) *Attending Surgeon, Marshfield Clinic, Ladysmith and Rice Lake, Wisconsin, USA.*

The last in the trilogy of this international bestselling series...

This book is the last to join the two former collections of surgical aphorisms: *Aphorisms and Quotations for the Surgeon*, with its 1500 quotations, and the slimmer *A Companion to Aphorisms and Quotations for the Surgeon*.

Since their publication, both books have become steady bestsellers. Surgeons use the books to 'decorate' their lectures or manuscripts with relevant smart or entertaining entries; some like to quote from the books during teaching rounds or conferences; many simply enjoy them for their collective and eternal surgical wisdom and wit.

As before, these aphorisms and quotations are retrieved from multiple sources: journals, books, lectures and, more and more, gathered from surgical friends around the world. The decision to include any entry is based on personal taste. Some would question the wisdom or accuracy of individual entries; others may not 'get' the humor or may object to political incorrectness.

These aphorisms will help readers to (re)discover that surgical truth is old, that what they think is a novel idea has been said before, and that what they observe around them — has been observed years ago. It may contribute to their humanity and humility, perhaps even add maturity to their surgical personality and practice. In addition, with a bit of luck, it may increase their sense of surgical humor — for how can one survive a lifelong surgical career without possessing some of it.

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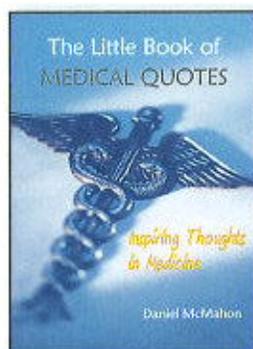
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The Little Book of Medical Quotes

Inspiring Thoughts in Medicine

Daniel McMahon, MD *Lieutenant Commander, United States Navy, Medical Corps; Assistant Professor of Surgery, F. Edward Hebert School of Medicine, Uniformed Services University of the Health Sciences; General Surgeon, Naval Hospital Pensacola, Florida, USA*

This rich collection of quotations, spanning multiple millennia from the ancient epochs to the contemporary era, is comprised of over five hundred inspirational thoughts and universal ideals enduringly coupled to the art, science, and philosophy of medical practice. These selected quotations encompass a wide breadth of keen observations and aphorisms directly linked to the history, grounding principles, and fundamental theories of medicine and surgery. The quotations in this volume have been drawn from past generations of legendary physicians and intrepid explorers of medical science as well as distinguished anatomists, physiologists, philosophers, writers, artists, and statesmen.

This unique collection of motivational quotes substantively addresses the pursuit of success in medical practice. Consider these quotations as a daily dose of inspiration regardless of the particular discipline or specialty of medicine you have chosen to pursue. These quotations have the capacity to bring into clear focus the fundamentals and principles that are illustrative of sound medical practice, empathetic patient care, and humble professionalism. These thoughts are cognitively stimulating to ponder and at times are refreshingly witty and even humorous. In a medical world that has become overwhelmingly inundated with convoluted electronic health records and complex diagnostic services, these time-tested precepts will convey a modicum of simplicity and brightness upon the complex world in which we practice medicine.

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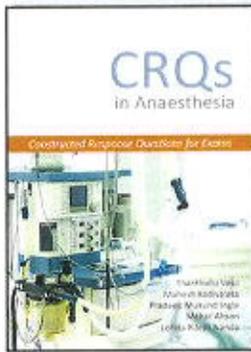
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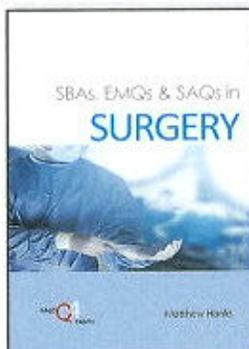
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CRQs in Anaesthesia

Constructed Response Questions for Exams

Thanthullu Vasu MBBS MD DNB FRCA FFPMRC Dip Pain Mgt Consultant in Pain Medicine, University Hospitals of Leicester NHS Trust, UK; **Mahesh Kodivalasa MBBS MD FRCA FFPMRC** Consultant in Anaesthetics and Pain Medicine, University Hospitals of Leicester NHS Trust, UK; **Pradeep Mukund Ingle MBBS MD Dip Critical Care FRCA FFPMRC** Consultant in Anaesthetics and Pain Medicine, University Hospitals of North Midlands, Stoke-on-Trent; **Mehar Ahson MBBS MD FRCA ST7 trainee in Anaesthetics, East Midlands School of Anaesthesia, UK;** **Lohita Rilesh Nanda MBBS MD FRCA ST7 trainee in Anaesthetics, East Midlands School of Anaesthesia, UK.**

The Royal College of Anaesthetists has introduced Constructed Response Questions (CRQs) as an innovative way of testing trainees, in the fields of anaesthesia and intensive care medicine, in their final FRCA examinations from September 2019. CRQs are a more structured way of assessing knowledge and understanding; they also assess the application of knowledge, evaluation and judgement.

This book categorises questions based on the Royal College model, with six mandatory sections of training and two separate sections on general duties and optional units. It is an ideal companion for candidates who are preparing for their final exams in anaesthesia and will help to assess their preparation and guide appropriate revision. The topics are pertinent for other anaesthetic exams worldwide, including the European exams, Australian and New Zealand fellowships and the Indian DNB exams.

The authors have extensive experience in anaesthetic teaching and lead anaesthetic intermediate teaching in the UK, running regular and successfully attended courses. This book will help candidates to adapt to the recent exam changes and revise in an efficient manner. It will not only be an invaluable educational resource for trainee anaesthetists but also for practising anaesthetists. Medical students and junior doctors, who are about to embark on a career in anaesthesia or intensive care medicine, will also find the book to be a useful educational tool.

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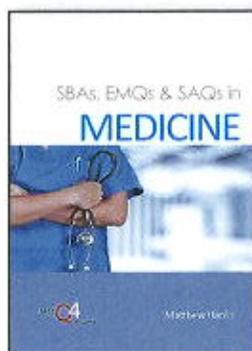
Matthew Hanks BSc (Hons) MBChB PG Cert Surgery

SBAs, EMQs & SAQs in SURGERY provides a broad range and style of questions, not only for medical students preparing for their final exams, but also for those clinicians preparing for their postgraduate exams. This book includes over 200 single best answer questions (SBAs), 400 extended matching questions (EMQs) and 100 short answer questions (SAQs), giving the reader a wide variety of topics to test their exam knowledge and technique. It is an invaluable educational resource for exam preparation and to help you succeed.

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- The broad medical curriculum is covered in a succinct and consistent style.
- Clear and concise answers are provided.
- Easy accessible information to facilitate revision on the move.
- Enables the reader to assess their knowledge and help identify gaps in their knowledge to target revision.
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The MedQ4exams series SBAs, EMQs & SAQs in MEDICINE

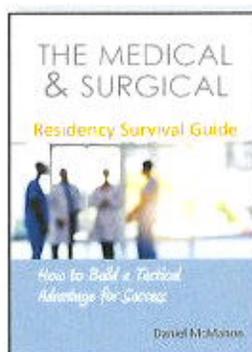
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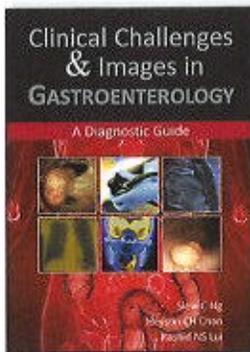
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The Medical & Surgical Residency Survival Guide How to Build a Tactical Advantage for Success

Daniel McMahon, MD Lieutenant Commander, United States Navy, Medical Corps; Assistant Professor of Surgery, F. Edward Hebert School of Medicine, Uniformed Services University of the Health Sciences; General Surgeon, Naval Hospital Pensacola, Florida, USA

Are you a medical student on the cusp of graduation from medical school, soon to embark upon a journey through residency training? Are you an intern or junior resident muscling through the early years of your formative residency training? If so, this book was written exclusively for you. The transition from medical school to residency training is a challenging and transformative experience that will come rushing forward like a run-away freight train. Life as a resident physician is drastically different than what most experience during their clinical rotations in medical school. Residency is an entirely different animal. The transition into residency training will undoubtedly evoke a combination of emotions to include enthusiasm and eagerness but also trepidation and apprehension. This survival guide will serve to temper these emotions and transform them into a sense of confidence as you progress forward in your training. This book will enable the reader to fabricate an armamentarium of weaponry that can be tactically applied in the trenches of clinical warfare and to develop the strength, perseverance, and endurance to surge forward when the going gets tough. The advice offered on these pages will keep the reader operating on an even keel throughout the grueling training process and prevent the reader from making numerous mistakes the author himself naively committed. This focused, honest, and straightforward book addresses the unique challenges encountered in residency training and more importantly discusses a number of strategies to facilitate tactful navigation of these challenges. It has been crafted into an easily digestible volume which concisely outlines a combination of principles that will produce a winning strategy to be a highly motivated, readily adaptable, and successful resident.

"Encouraged as a 'must-read' text for one considering entry to medical school and as the requisite text for the student entering accredited residency training." Kirby I. Bland MD FACS, Professor of Surgery and Chair Emeritus, UAB Department of Surgery, Birmingham, Alabama, USA. "Why would you not read this book before approaching your residency?" Jonathan J. Earnshaw DM FRCS, Editor in Chief, *British Journal of Surgery*.



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Clinical Challenges & Images in Gastroenterology — A Diagnostic Guide

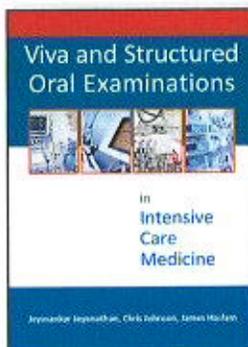
Siew C. Ng MBBS MRCP PhD *Associate Professor, Heyson C.H. Chan* MBChB MRCP *Honorary Clinical Tutor, Rashid N.S. Lui* MBChB MRCP(UK) *Resident, Institute of Digestive Disease, Department of Medicine and Therapeutics, Chinese University of Hong Kong, Prince of Wales Hospital, Hong Kong*

Digestive diseases have always been a major threat to global health. Despite the rapid advances in various diagnostic modalities, many a time the final verdict can be elusive and present a diagnostic challenge for the attending doctor.

Clinical Challenges & Images in Gastroenterology — A Diagnostic Guide presents 50 real-life cases to illustrate an evidence-based approach for the diagnosis, investigation and management of gastrointestinal diseases commonly encountered in everyday practice, with a special focus on the interpretation of endoscopic and radiological images.

This book provides a pragmatic approach for medical students, residents, specialist trainees and specialists alike who have an interest in gastroenterology. Other healthcare providers, such as general practitioners, nurses and dieticians, will also benefit from these case illustrations.

The authors of this book are based at the Institute of Digestive Disease, Chinese University of Hong Kong. This institute has contributed to major breakthroughs that have improved the clinical management of digestive diseases including, but not limited to, the advent of endoscopic therapies and minimally invasive surgery, molecular diagnostic tools for cancers and inflammatory bowel disease, and the development of novel treatments for acid-peptic disease and viral hepatitis.



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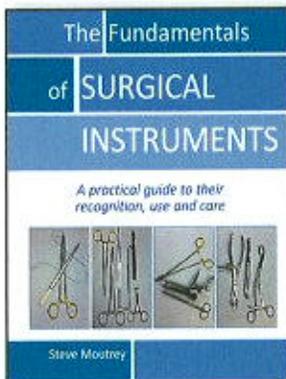
Viva and Structured Oral Examinations in Intensive Care Medicine

Jeyasankar Jeyanathan BMedSci (Hons) MBBS DMCC PGCert (Med Sim) FRCA FFICM *Consultant in Anaesthetics and Intensive Care Medicine, Defence Medical Services, UK, Christopher Johnson* MBBS FRCA FFICM DMCC DipIMC(RCSEd) *Consultant in Anaesthetics and Intensive Care Medicine, The Royal Victoria Infirmary, Newcastle upon Tyne, UK, James D Haslam* BSc (Hons) DPMSCA MBBS AKC FRCA FFICM *Consultant in Anaesthetics and Intensive Care Medicine, Salisbury NHS Foundation Trust, Wiltshire, UK*

The structured oral examination (SOE) and viva are age-old integral components of examination pathways in the specialty training of intensive care medicine (ICM). The viva can present a complex interaction between the examiner and delegate, which can often be challenging — even hostile! Organisation and structure are integral to success. This core text is tailored to provide a systematic structure covering a broad set of core topics that could legitimately be presented in an ICM exam. The style and discipline have been repeated throughout the answers to provide essential rehearsal as preparation for any viva-based exam. The book is presented as 7 sets of 6 viva examination cycles. This allows for timed practice sessions in the final few weeks leading up to the SOE and viva.

The topics covered are pertinent for the British Fellowship of the Faculty of Intensive Care Medicine (FFICM), the European Diploma of Intensive Care Medicine (EDIC) exam, the Australia and New Zealand Fellowship of the College of Intensive Care Medicine (FCICM), the Indian Diploma in Critical Care Medicine (IDCCM), the American Board exams and any other viva-based intensive care medicine exams.

This book is a critical companion in the final few weeks of preparation for ICM viva exams.



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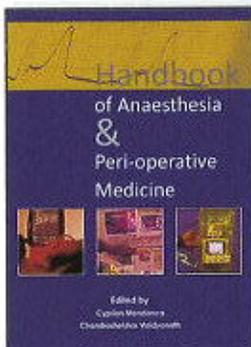
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The Fundamentals of SURGICAL INSTRUMENTS

A practical guide to their recognition, use and care

Steve Moutrey MSc BA (Hons) Cert. Ed RODP *Senior Lecturer, School of Health Sciences and Social Work, University of Portsmouth, Portsmouth, UK*

This book provides a sound introduction to surgical instrumentation, including their recognition, use and care. It provides useful information that is essential for operating department practitioners, nurses, scrub practitioners, surgeons under training, surgical technologists, junior doctors and medical students. Descriptions of how and where the instruments are used will also aid in the knowledge required for their application, providing an understanding of instruments for specific procedures. The book is relevant to surgical practice around the world. It also aligns with the core curriculum of the Association of Surgical Technologists in the United States. This book will provide the fundamental knowledge required for students and qualified staff working within the perioperative environment, to ensure the safe and efficient use of surgical instrumentation and ultimately the care of the surgical patient as a result.

Steve Moutrey, MSc BA(Hons) Cert. Ed RODP, has a vast experience within the operating theatre environment spanning more than 40 years, starting his career in the Royal Navy (26 years), and then moving into the NHS. He is now a Senior Lecturer within the School of Health Sciences and Social Work at the University of Portsmouth and teaches on perioperative courses and allied areas.

"This text is a clearly written guide to the concept of surgical instrumentation, aimed at both pre- and post-registration students within the perioperative environment... The wealth of illustrations support the text and should prepare the reader for the practicalities of instrument identification and handling. ... I would highly recommend [the book] for all perioperative students who wish to gain a comprehensive introduction to surgical instrumentation." **Roger King, BA Cert. Ed PgCert (Res) RODP, Senior Lecturer/ODP Course Leader, University of West London, UK**

Handbook of Anaesthesia & Peri-operative Medicine

Cyprian Mendonca MD FRCA *Consultant Anaesthetist, University Hospitals Coventry and Warwickshire, Coventry, UK*, Chandrashekhar Vaidyanath MD FRCA *Consultant Anaesthetist, University Hospitals Coventry and Warwickshire, Coventry, UK*

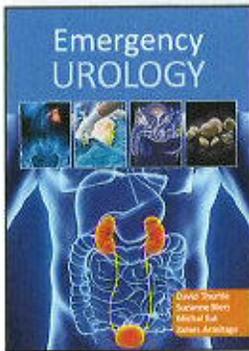
The *Handbook of Anaesthesia & Peri-operative Medicine* covers a broad range of topics, providing trainee and practising anaesthetists with a comprehensive source of knowledge on applied sciences and clinical anaesthesia.

The book has been divided into six sections with various chapters serving as a synopsis of the practice of anaesthesia. Each chapter discusses the significance and importance of problems that can impact upon the peri-operative management of the surgical patient. The case scenarios at the end of each chapter will additionally help in understanding the practical relevance of basic science.

This book will be an invaluable educational resource for trainee anaesthetists and an indispensable aide-mémoire for practising anaesthetists. It is, therefore, essential study material for trainees and a great educational tool for trainers. Medical students and junior doctors, who are about to embark on a career in anaesthesia or intensive care medicine, will also find the book to be a useful companion.

Dr Cyprian Mendonca is an established author with previous bestselling books including:

- The Objective Structured Clinical Examination in Anaesthesia — Practice papers for teachers and trainees (ISBN: 978 1 903378 56 4).
- The Structured Oral Examination in Clinical Anaesthesia — Practice examination papers (ISBN: 978 1 903378 68 7).
- Single Best Answer MCQs in Anaesthesia — Volume I — Clinical Anaesthesia (ISBN: 978 1 903378 75 5).
- Single Best Answer MCQs in Anaesthesia — Volume II — Basic Sciences (ISBN: 978 1 903378 83 0).



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Emergency Urology

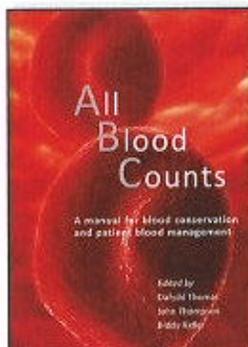
David Thurtle BMedSci BMBS MRCS *Academic Clinical Fellow, Urology, Addenbrooke's Hospital, Cambridge, UK*, **Suzanne Biers** BSc MBBS MD FRCS (Urol) *Consultant Urologist, Addenbrooke's Hospital, Cambridge, UK*, **Michal Sut Lek** Med MMedSci FRCS (Urol) *Senior Registrar, Urology, Addenbrooke's Hospital, Cambridge, UK*, **James Armitage** BSc MBBS MD FRCS (Urol) *Consultant Urologist, Addenbrooke's Hospital, Cambridge, UK*

Urology is a specialty that notoriously receives little attention in medical school, yet it makes up a sizeable portion of the workload in emergency departments and also in primary care. Urological emergencies can often be managed simply but require the appropriate knowledge and skills.

Emergency urology is often covered very superficially alongside general surgery or in excessive detail within voluminous urology textbooks. This book is different: it will consist of concise, well-structured chapters, with an accessible and easily digestible style. The content will be clinically-based and will include a number of clinical photographs and radiological investigations.

This book will appeal to all doctors, including those rotating through surgical and emergency medicine specialties, and those clinicians approaching professional examinations worldwide. Medical students on urology or emergency medicine placements, who are studying for their exams will also find it invaluable. In addition, primary care doctors, specialty nurses in urology and nurses in the emergency department may also appreciate the clinically relevant content of the book.

The authors are all dedicated to education and teaching, and have published extensively. In addition, they run a successful emergency urology course in Cambridge, popular with clinicians and senior students alike.



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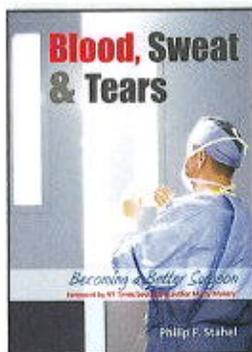
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All Blood Counts A manual for blood conservation and patient blood management

Dafydd Thomas MB ChB FRCA *Consultant Anaesthetist, Morriston Hospital, Swansea, UK*, **John Thompson** MS FRCEd FRCS *Consultant Surgeon*, **Biddy Ridler** MB ChB *Blood Conservation Specialty Doctor, Royal Devon and Exeter Hospitals, Exeter, UK*

This book gathers together the collected wisdom of an experienced group of practitioners from the world of blood conservation including surgeons, anaesthetists, haematologists, transfusion specialists, microbiologists, and legal advisors. Topics included are: an historical overview, transfusion-transmitted diseases, changing demographics and the projected impact on blood supplies, who needs transfusion, practicalities and tips — how to do it, the laboratory perspective, haemodilution, intra-operative cell salvage, surgical methods to minimise blood loss, anaesthetic methods to minimise blood loss, pharmacological methods to minimise blood loss, postoperative salvage, postoperative haemoglobin, cancer patients, patient consent and refusal, trauma management, patient ID and documentation, audit/clinical governance, the role of the Hospital Transfusion Team, education, national reports including European Directives, further information. Additional chapters will include pre-operative blood management, near-patient testing, the incidence and relevance of pre-operative anaemia, anaemia management in obstetrics, pre-operative anaemia in orthopaedics, haemostatic sealants, the effect of transfusion in cardiovascular surgery, transfusion alternatives.



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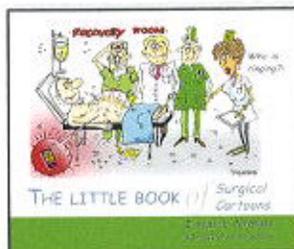
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Blood, Sweat & Tears — Becoming a Better Surgeon

Philip F. Stahel MD FACS *Director, Department of Orthopedics, Denver Health Medical Center, Denver, Colorado, USA; Professor of Orthopedics and Neurosurgery, University of Colorado (CU) School of Medicine, Colorado, USA; Editor-in-Chief, Patient Safety in Surgery*

Foreword by NY Times bestselling author Marty Makary

All surgeons want to be better surgeons... They work hard to be respected by their peers, appreciated by their patients, and valued by their communities. Most of the estimated 200 million surgeries performed worldwide every year go as anticipated, with positive patient outcomes. However, the number of surgical complications and preventable medical errors still remains unacceptably high. Why are experienced surgeons still creating so many adverse events? More importantly, what can surgeons do to better address the situation?

Blood, Sweat and Tears — Becoming a Better Surgeon seeks to answer these questions. The book provides pragmatic examples on how good surgeons can grow from being technically brilliant to becoming empathetic and capable of providing safe, compassionate, and more effective patient care.

Blood, Sweat and Tears — Becoming a Better Surgeon follows trauma surgeon Philip Stahel's 20-year journey from his 'rookie years' in internship and residency, to his development as a global patient safety advocate, renowned academician and teacher, and compassionate surgeon. The book touches on why our current patient safety protocols and checklists fail to keep patients safe and how a physician-driven initiative with credible leadership is needed to build a sustainable 'culture of patient safety.'

Written for a wide audience and based on the paradigm that "good judgment comes from experience which comes from poor judgment", *Blood, Sweat and Tears — Becoming a Better Surgeon* provides in-depth coverage of all the critical and timely components of safe surgical care, relates practical tips for improving the quality of partnerships between surgeons and patients, and offers a practical guide on how to reduce the learning curve to becoming a better surgeon.

The little book of surgical cartoons

Evgeniy E. Perelygin MD *Perm Clinical Center, Perm, Russia*, **Edited by: Moshe Schein MD FACS** *General Surgeon, Marshfield Clinic, Ladysmith, Wisconsin, USA*

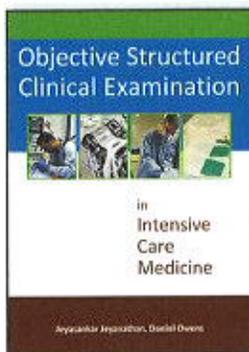
Evgeniy Perelygin — a surgeon who is known to his friends as Perya — has managed to capture the funny, the amusing, and the ridiculous aspects of what surgeons do and think. Yes, surgeons take their profession very seriously and their patients even more so. But, what is true in any aspect of human life is also true for surgery — there is always something to laugh about, or even ridicule. And this includes, above all, surgeons themselves!

In each of these cartoons lurks the kernel of a basic surgical truth. This truth has been blown up, distorted, and exaggerated, but remains at the heart of the picture. Each picture has a legend describing the situation, which is followed by an aphorism, quote, or comment.

This book is essentially for surgical eyes — they are all cutting edge, and will have the reader in stitches. Readers may also wish to use the images to enliven PowerPoint lectures!

The Editor, Moshe Schein, is a surgeon, and author of many publications, some of which have contributed cartoons and comments to this book.

"So stop taking yourself so seriously, do not be afraid to laugh or make others laugh. If anyone does not appreciate your humor, he/she can kiss your ass! A life without a sense of humor has no sense at all." **Moshe**



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Objective Structured Clinical Examination in Intensive Care Medicine

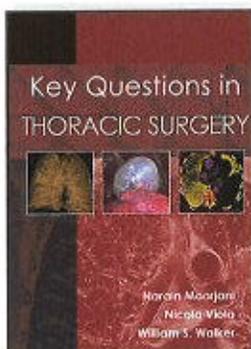
Jeyasankar Jeyanathan BMedSci (Hons) MBBS DMCC PgCert (Med Sim) FRCA FFICM *Intensive Care Unit, St George's Hospital, London, UK*, **Daniel Owens** BSc (Hons) MBBS PgCert (Med Ed) FRCA FFICM *Intensive Care Unit, St George's Hospital, London, UK*

The objective structured clinical examination (OSCE) has become widely employed in intensive care medicine (ICM) exams such as the UK Final Fellowship of Intensive Care Medicine (FFICM), the European Diploma of Intensive Care (EDIC) exam, or the Australia and New Zealand Fellowship of the College of Intensive Care Medicine (CICM). This book is not only an essential tool for the rehearsal of OSCEs in preparation for these exams, but also for American and Indian exams, and any other exams within the field of intensive care medicine.

The OSCE is a style of examination that requires the candidate to present specific information in a short space of time matched to a prescriptive mark scheme. This book allows candidates preparing for an ICM OSCE to format their knowledge for this type of examination whilst practising and rehearsing against time. The 60 OSCE stations provide a broad array of topics from past exams ranging across the training ICM curriculums. The mark schemes are presented in a short, punctuated form allowing the candidate access to important points, ideal at the sharp end of an exam campaign.

The 5 sets of OSCE exams are designed to run as a set of 12. Each set will have an array of clinical scenarios requiring swift assessment, diagnosis, recommendations for investigations and management, whilst also exploring aspects of pathophysiology. There are a number of data-interpretation tools that are incorporated into clinical scenarios as well as standalone stations for electrocardiogram and radiology analysis.

This book is an important preparatory tool crucial to the armamentarium of any candidate preparing for an ICM exam.



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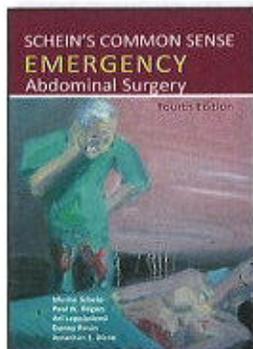
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Key Questions in Thoracic Surgery

Narain Moorjani MB ChB MRCS MD FRCS (C-Th) *Papworth Hospital, University of Cambridge, UK*, **Nicola Viola** MD *Southampton General Hospital, University of Southampton, UK*, **William S. Walker** FRCS *Royal Infirmary of Edinburgh, University of Edinburgh, UK*

This book will systematically cover all the main topics involved in the current practice of a thoracic surgeon, incorporating current guidelines for practice (such as from the American College of Chest Physicians, British Thoracic Society and European Respiratory Society). Each chapter will include etiology, pathophysiology, clinical features, indications for surgery, peri-operative management, surgical options and postoperative care. Possible complications will be discussed and the results of current practice presented. Importantly, there will be a section on basic sciences and a further section on thoracic investigations with many images. The data and body of knowledge presented is strictly evidence-based and is relevant to all thoracic surgical trainees, at any stage of their training programme. It will provide residents, fellows and specialist registrars the necessary information to carry out their daily duties. Respiratory physicians and thoracic intensive care unit specialists will also find the book useful in terms of the indications and surgical management of these patients, as they are integral to the thoracic surgical process. Another important group is the nursing staff, physiotherapists and other professions allied to medicine working with patients with adult thoracic disease either pre-operatively or postoperatively, as it will help to give a detailed understanding of the principles surrounding thoracic surgical disease. Most importantly, the book is ideal as a revision aid for residents/registrars undertaking their Cardiothoracic Surgery Board examinations around the world. Although these examinations vary in format in different countries, this book is applicable to all cardiothoracic surgical trainees. Its concise, yet complete coverage of the important topics, make it the ideal guide to answer the key questions in thoracic surgery that are asked within the confines of an examination.



Schein's Common Sense Emergency Abdominal Surgery, 4th Edition

Moshe Schein MD FACS *General Surgeon, Marshfield Clinic, Ladysmith, Wisconsin, USA*, **Paul N. Rogers MBChB MBA MD FRCS** *Consultant General and Vascular Surgeon, Western Infirmary, Glasgow, UK*, **Ari Leppäniemi MD PhD DMCC** *Chief of the Division of Emergency Surgery and Surgical Critical Care at the Meilahti Hospital, University of Helsinki Central Hospital, Helsinki, Finland*, **Danny Rosin MD** *Attending General and Advanced Laparoscopic Surgeon, Sheba Medical Center, University of Tel Aviv, Israel*, **Jonathan E. Efron MD** *Associate Professor, Chief of Ravitch Division, Department of Surgery, Johns Hopkins University, Baltimore, Maryland, USA*

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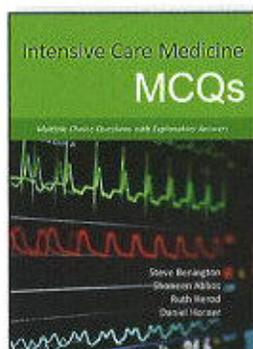
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This fourth edition builds on the reputation of the three previous editions. Already a worldwide benchmark, translated into half a dozen languages, this book guides surgical trainees logically through the minefields of assessment and management of acute surgical abdominal conditions. General surgery as a concept may have been overtaken in many parts of the world by the development of niche specialties, but the need for a cohort of generalists able to deal competently with common surgical emergencies has not gone away. If you recognise this need then this is the book for you! Tyro surgeons and experienced practitioners alike will benefit from the distilled wisdom contained in these pages.

The direct, no nonsense, writing style, supported by entertaining cartoons, gives clear guidance while at the same time providing amusing insights into our collective surgical psyche. NOT a standard textbook. Buy it! You'll not regret it. Some new editors and authors enhance the new edition. Almost all chapters have been revised to take account of new concepts and modern developments. New chapters have been added and some completely rewritten often with a new emphasis on the importance of a laparoscopic approach.



Intensive Care Medicine MCQs Multiple Choice Questions with Explanatory Answers

Steve Benington MBChB MRCP FRCA EDIC FFICM *Consultant in Intensive Care Medicine & Anaesthesia, Central Manchester Foundation Trust, UK*, **Shoneen Abbas MBChB MRCP (UK) (Acute) FFICM ST7 Intensive Care Medicine & Acute Medicine, North West Deanery, UK, **Ruth Herod MBChB FRCA FFICM** *Locum Consultant in Intensive Care Medicine & Anaesthesia, Lancaster Royal Infirmary, UK*, **Daniel Horner BA MBBS MD MRCP(UK) FCEM FFICM** *Advanced Trainee in Intensive Care Medicine & Emergency Medicine, North West Deanery, UK***

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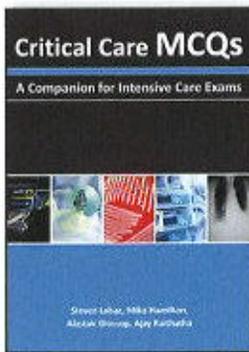
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This book contains 270 multiple-choice questions allowing self-assessment of the breadth of knowledge required of the modern intensivist. Divided into three papers, each consists of 60 multiple true false (MTF) and 30 single best answer (SBA) questions covering areas including resuscitation, diagnosis, disease management, organ support, and ethical and legal aspects of practice. The MTF questions test factual knowledge and understanding of the evidence base underpinning intensive care medicine, while the SBA questions test the ability of the candidate to prioritise, compete options and make the best decision for the patient. Each question is peer reviewed and accompanied by concise and detailed explanatory notes with references to guide further reading.

All the authors are practising intensive care physicians with firsthand experience of professional examinations in the specialty. This book will appeal to intensive care physicians approaching professional examinations worldwide, including the European Diploma, American Board and Faculty of Intensive Care Medicine examinations. In addition, it will appeal to intensive care nurses and allied healthcare professionals wishing to update their knowledge as part of continuing professional development, and to physicians sitting professional examinations in related specialties requiring knowledge of intensive care medicine such as general medicine, general surgery and anaesthesia.



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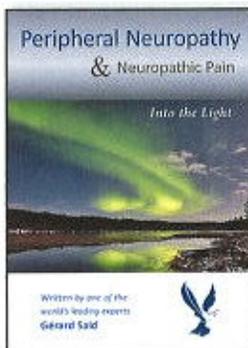
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Critical Care MCQs

A Companion for Intensive Care Exams

Steven Lobaz MBBS BMedSci FRCA FFICM *Northern General Hospital, Sheffield, UK*, Mika Hamilton MBChB FRCA FFICM *James Cook University Hospital, Middlesbrough, UK*, Alastair J. Glossop BMedSci BMBS MRCP FRCA DICM FFICM *Northern General Hospital, Sheffield, UK*, Ajay H. Raithatha MBChB MRCP FRCA FFICM EDIC *Northern General Hospital, Sheffield, UK*

Critical Care MCQs is the perfect companion for anyone sitting exams in intensive care, as a training resource or just wanting to improve their knowledge in this constantly developing area of medical practice. Written by critical care doctors with experience of UK and European examination formats, this book leads the reader through 450 true/false questions with referenced explanations, covering core syllabus topics and key influential papers to date. A detailed list of further resources and recommendations relevant to critical care revision is also provided to enable readers to further their knowledge and understanding.

It is hoped that this book will prove invaluable for preparation and success in upcoming intensive care exams for both candidates and trainers. This book would be useful for not only candidates sitting the UK Final Fellowship of Intensive Care Medicine (FFICM) and European Diploma of Intensive Care (EDIC) exams, but also the Indian Diploma in Critical Care Medicine (IDCCM), the Diploma of the Irish Board of Intensive Care Medicine (DIBICM), the Australia and New Zealand Fellowship of the College of Intensive Care Medicine (CICM), American Board and any other country-related intensive care exams.

Peripheral Neuropathy & Neuropathic Pain Into the Light

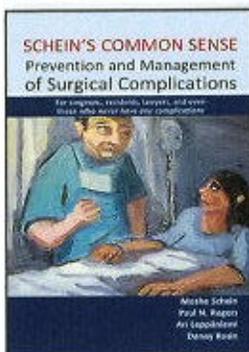
Professor Gérard Said MD FRCP *Dpt de Neurologie, Hôpital de la Salpêtrière, Paris, France*

Written by one of the world's leading experts on neuropathy, Professor Gérard Said, this book is a 'must read' and also a handy reference book for doctors, nurses, physiotherapists, chiropodists/podiatrists, other health professionals, and, importantly, for patients who wish to be more informed.

As well as covering the anatomy of the nervous system and the basic pathological processes that may affect the peripheral nerves, this book covers a whole range of neuropathic conditions. These include, for example, Guillain-Barré syndrome, chronic inflammatory demyelinating polyneuropathy, vasculitic neuropathies, infectious neuropathies, diabetic and other metabolic neuropathies, hereditary neuropathies and neuropathies in patients with cancer.

Given the almost explosive increase in diabetes predicted over the coming years and the high incidence of HIV infections alone, not to mention all the other possible causes of peripheral neuropathy, no self-respecting medical unit should be without a copy of this new book on their shelves.

The author, Professor Gérard Said, is based in the Department of Neurology at the prestigious Hôpital de la Salpêtrière in Paris. He has devoted a lifetime to the study of peripheral neuropathy and — alongside other great neurological names — added much to the world's ever-growing store of knowledge on this complex but fascinating condition which affects so many individuals.



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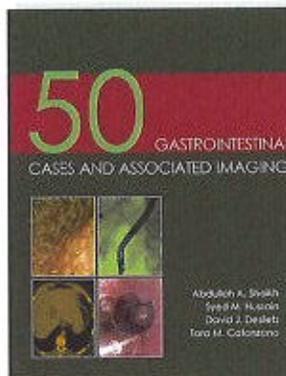
Schein's Common Sense Prevention and Management of Surgical Complications

For surgeons, residents, lawyers, and even those who *never have any complications*

Moshe Schein MD FACS General Surgeon, Marshfield Clinic, Ladysmith, Wisconsin, USA, **Paul N. Rogers MBChB MBA MD FRCS** Consultant General and Vascular Surgeon, The Western Infirmary, Glasgow, UK, **Ari Leppäniemi MD** Head of Trauma and Emergency Surgery, University of Helsinki, Finland, **Danny Rosin MD** Attending General and Advanced Laparoscopic Surgeon, Sheba Medical Center, University of Tel Aviv, Israel

The enthusiastic feedback received from readers of the international bestseller *Schein's Common Sense Emergency Abdominal Surgery* inspired the editors to do a similar book dedicated to surgical complications: practical, non-formal, internationally relevant (in all types of practice and levels of hospitals) — and definitely not politically correct: what is considered taboo by others is not taboo for us; here we discuss everything! As in the editors' previous book, the use of references is restricted to the absolute minimum, and citing figures and percentages is avoided as much as possible. The chapters in this book are the opinion of experts — each contributor has a vast personal knowledge and clinical experience in the field he is writing about. This book will help all surgeons (and their patients), avoid the misery of complications, and will provide advice on the management of those that are unavoidable. Complications and death are an integral component of surgery. Surgeons have to look death in the eyes, try to prevent it and vanquish it — this is what this book is all about.

Schein's books are always terrific reads, conveying pithy observations and practical advice and doing so with wit and scholarship. This latest is surely a must for every surgeon's bookshelf. **Abraham Verghese MD, author of CUTTING FOR STONE**



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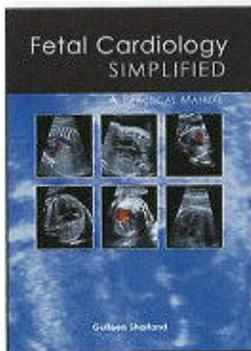
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50 Gastrointestinal Cases and Associated Imaging

Abdullah A. Shaikh MD Department of Medicine and Radiology, Baystate Medical Center/Tufts University, Springfield, Massachusetts, USA, **Syed M. Hussain MD MRCS** Department of Medicine, University of Cincinnati, Cincinnati, Ohio, USA, **David J. Desilets MD PhD** Department of Medicine, Baystate Medical Center/Tufts University, Springfield, Massachusetts, USA, **Tara M. Catanzano MD** Department of Radiology, Baystate Medical Center/Tufts University, Springfield, Massachusetts, USA

50 Gastrointestinal Cases and Associated Imaging encompasses a gamut of cases for which gastroenterologists are commonly consulted for in the hospital and outpatient setting. Each case is presented from initial history and work-up including imaging (various modalities including endoscopy), followed by a brief discussion on management. Questions are presented to the reader in each case followed by an answer. Since each case is unique, the pertinent teaching points are tested in a question format within the case narrative. Similar to real-life scenarios, this helps the reader to retain the most important information. Why buy this book? Unlike listing facts as most review books do, teaching points are integrated into realistic clinical cases. Medical students to residents/registrars in internal medicine, emergency medicine, GI medicine, radiology and surgery would benefit from this book alike. Secondary audiences will include nurses and general practitioners who want to understand the presentation of common GI cases and associated imaging. Moreover, it could also be potentially used as a training tool — a valuable educational resource for senior colleagues who enjoy teaching. Finally, this book would make an excellent prerequisite prior to starting any gastroenterology rotation.



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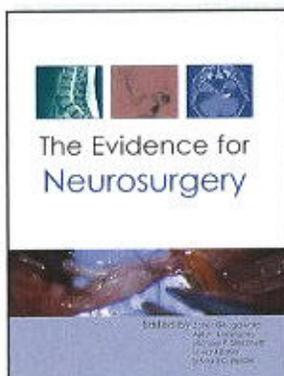
Fetal Cardiology Simplified A practical manual

Gurleen Sharland BSc MD FRCP Reader/Consultant in Fetal Cardiology, Fetal Cardiology Unit, Evelina Children's Hospital, Guy's & St Thomas' NHS Foundation Trust, St Thomas Hospital, London, UK

Fetal cardiology has developed dramatically into a subspecialty in the past 25 years. The majority of people examining the fetal heart are not 'experts' in fetal cardiology and therefore find interpreting images, particularly in case of abnormality, rather difficult.

This book is designed as a practical guide, to be kept near the ultrasound machine, for all those performing fetal heart scans, but without the expertise of a fetal cardiologist. The aim is to allow the user to recognize the common forms of fetal cardiac abnormality and to appreciate the associated lesions and outcome. The book has a large number of illustrations to enable the reader to visualize the different types of problem and the various forms in which they may manifest.

There are relatively few books published in the field of fetal cardiology. This book is aimed at all sonographers, obstetricians and radiologists performing obstetric ultrasound scans and at paediatric cardiologists, both at consultant and trainee level. Thus, this book should fulfill this unmet need in the market, although it is not designed as a comprehensive reference textbook in fetal cardiology.



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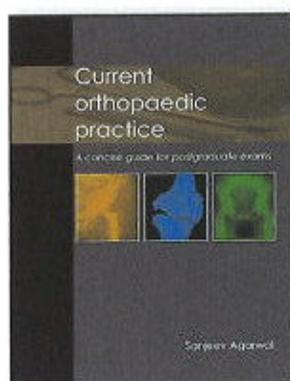
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The Evidence for Neurosurgery

Zoher Ghogawala MD FACS Attending Physician, Neurosurgery, Greenwich Hospital, Clinical Assistant Professor of Neurosurgery, Yale University Director, Wallace Clinical Trials Center, Greenwich Hospital Greenwich Neurosurgery, Greenwich, Connecticut, USA, **Ajit A. Krishnaney MD** Associate Staff, Department of Neurosurgery, Associate Staff, Center for Spine Health, Associate Staff, Cerebrovascular Center, Cleveland Clinic, Cleveland, Ohio, USA, **Michael P. Steinmetz MD** Associate Staff, Department of Neurosurgery, Associate Staff, Center for Spine Health, Associate Staff, Cerebrovascular Center, Associate Staff, Department of Neurosciences, Cleveland Clinic, Cleveland, Ohio, USA, **H. Hunt Batjer MD FACS** Professor & Chair, Neurological Surgery, Feinberg School of Medicine, Northwestern University, Chicago, Illinois, USA, **Edward C. Benzel MD** Chairman, Department of Neurosurgery, Director, Center for Spine Health, Neurological Institute, Cleveland Clinic, Cleveland, Ohio, USA

This textbook aims to examine some of the most controversial areas of neurological surgery by applying the current evidence to illuminate our understanding of the pathophysiology of each disease and the outcomes from surgical and non-surgical treatments. *The Evidence for Neurosurgery* is a textbook that will challenge current dogmas in many instances, provide an organized framework for understanding where current evidence can be applied clinically, and illustrate where gaps in the evidence exist and how these deficiencies may be filled in the future. In the first chapter, "Clinical Evidence", the reader will gain an understanding of the levels of clinical evidence and will learn what types of study designs are appropriate and in which situations. The textbook is then divided into six sections: Spine, Vascular, Tumor, Pediatrics, Functional, and Trauma.



Current orthopaedic practice

A concise guide for postgraduate exams

Sanjeev Agarwal MS FRCS Ed (Tr and Orth) *Consultant in Trauma and Orthopaedics, North Cumbria NHS Trust, UK*

The book is intended as a concise overview of current orthopaedic practice. It will be of interest to orthopaedic surgeons in practice and to orthopaedic trainees — both specialist and basic surgical, in particular, orthopaedic specialist registrars in the UK preparing for the FRCS Orth. exam, or trainees in other countries at an equivalent stage of orthopaedic training. Medical students doing orthopaedic attachments will find it a practical reference tool. In addition, individuals involved in the care of orthopaedic patients, such as physiotherapists and nurse practitioners, will find the book useful.

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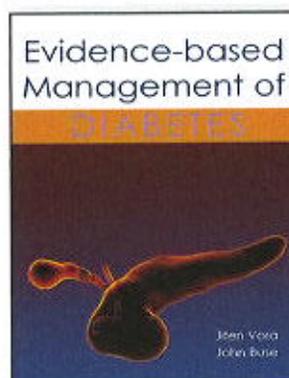
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With increasing sub-specialisation in orthopaedic surgery, it is more difficult for the specialist to keep abreast of recent changes and current trends in the management of orthopaedic conditions other than their own area of interest. This book aims to fill that void and will be an easily readable source with information that is concise and current. Emphasis is placed on the current literature and an effort has been made to provide evidence on controversial topics with annotated references incorporated into the text. These will be a useful resource for further reading. Any reader wishing to gain insight into 21st century orthopaedic surgery will find this book of interest and value.



Evidence-based Management of Diabetes

Jiten Vora BA MB BChir MA MD FRCP *Professor & Consultant Physician and Endocrinologist, Royal Liverpool University Hospital, Liverpool, UK*, **John Buse MD PhD** *Professor of Medicine; Director, Diabetes Care Center and Chief, Division of Endocrinology; Executive Associate Dean for Clinical Research; University of North Carolina School of Medicine, Chapel Hill, North Carolina, USA*

The clinical management of patients with diabetes is rapidly evolving.

Evidence-based Management of Diabetes provides a succinct summary of a range of topics, including areas where there is already well developed evidence for a particular treatment, but also those areas where the evidence is perhaps doubtful or there is some associated controversy or ambiguity.

Where possible throughout the book treatment recommendations are given based on the available evidence and practice guidelines. The book also highlights the gaps in evidence where further research is needed.

In the practice of diabetes care, there are many issues influencing practitioners currently. This book addresses many of the most pertinent issues concerning delivery of diabetes care.

The authors are internationally renowned experts in the field of diabetes care who successfully and succinctly present state-of-the-art reviews based on the medical evidence designed to help the clinician be as best informed as possible in the care of patients with diabetes.

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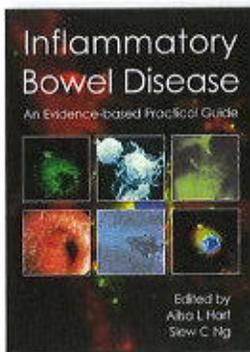
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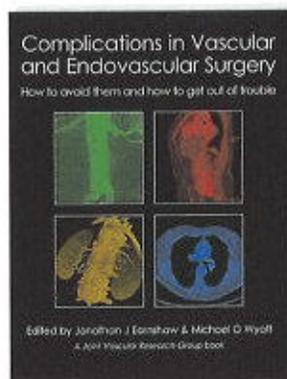
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Inflammatory Bowel Disease

An Evidence-based Practical Guide

Ailsa L. Hart BMBCh MRCP PhD *Consultant Gastroenterologist, St Mark's Hospital, London, UK,*
Siew C. Ng MBBS MRCP PhD *Gastroenterologist, Prince of Wales Hospital, Chinese University of Hong Kong*

- A pocket handbook on the practical and safe use of drugs in inflammatory bowel disease to achieve best patient outcome in day-to-day practice.
- A book written by experts in inflammatory bowel disease covering the latest and most promising treatment modalities in patients with simple and complex inflammatory bowel disease.
- 20 short chapters illustrating therapeutic pathways to summarise current best practice on the management of ulcerative colitis and Crohn's disease including special scenarios: management of extra-intestinal manifestations, cancer surveillance, pregnancy, fertility and breast feeding, screening for infections, bone diseases and anaemia.
- Suitable for all medical professionals involved in the care of patients with inflammatory bowel disease: established and trainee gastroenterologists, gastrointestinal surgeons, nurse specialists, general practitioners and general physicians.



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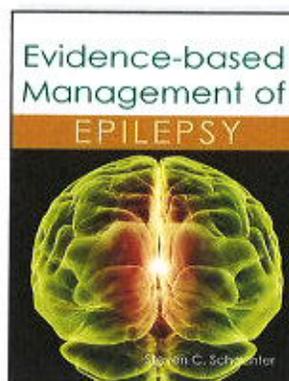
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Complications in Vascular and Endovascular Surgery

How to avoid them and how to get out of trouble

Jonathan J. Earnshaw DM FRCS *Consultant Surgeon, Gloucestershire Royal Hospital, Gloucester, UK,*
Michael G. Wyatt MSc MD FRCS *Consultant Vascular Surgeon, Northern Vascular Centre, Freeman Hospital, Newcastle-upon-Tyne, UK*

The aim of this book is to help clinicians to reduce the risk of complications after vascular and endovascular surgery. Whilst it is a surgical truism that the surgeon who does the most operations has the most complications (an acknowledgement of the fact that all vascular and endovascular procedures are potentially hazardous, and some extremely so), some surgeons seem to have more complications than others. This book is for all surgeons and radiologists who accept the challenge continually to improve their results. Each chapter is authored by an experienced (endo)vascular specialist who will have witnessed firsthand the perils and pitfalls of vascular procedures. They have seen all the complications, and even occasionally made errors of judgement. The chapters are full of information to help the reader avoid similar hazards in future. We live in a world of high patient expectation, where complications are seen as 'someone's fault'. Clinicians are familiar with innovations such as outcomes audit and assessment, procedural governance and quality improvement programmes. There is pressure to show progressive improvement. First class surgery is a combination of knowledge and skill and perhaps just a little luck, though as is oft quoted 'the more you practice, the luckier you get'. The information in this book will provide insights, protocols, and tips and tricks to minimise the risks of procedures in vascular and endovascular surgery. It is therefore essential reading for anyone who treats patients with vascular disease.



Evidence-based Management of Epilepsy

Steven C. Schachter MD *Beth Israel Deaconess Medical Center, Department of Neurology, Boston, Massachusetts, USA*

The clinical management of patients with epilepsy and the associated medical literature are rapidly evolving. *Evidence-based Management of Epilepsy* differs from other epilepsy textbooks by focusing specifically on topics where the available evidence is sufficiently well developed to be synthesized into straightforward summaries of proven therapies. When evidence is missing or there is doubt, controversy or ambiguity, the distinguished authors offer treatment recommendations based on practice guidelines or consensus statements that span the gaps in evidence while pointing to those areas where further research is needed. The initial chapters cover critically important aspects of antiepileptic drugs (AEDs) and surgical treatment such as when to start and stop AEDs, how to monitor their effectiveness, special considerations in women who become pregnant, and when to consider surgery to alleviate seizures. The following chapters cover the therapy of seizures when they develop after traumatic brain injury or stroke, and the treatment of concomitant depression and anxiety in patients with epilepsy. The final chapters discuss emerging topics in epilepsy: the treatment of the post-ictal state, technologies to predict and detect seizures, strategies for closing the treatment gap and sudden unexpected death in epilepsy. The contributors are renowned experts in their fields who successfully and succinctly present state-of-the-art reviews based on the medical evidence designed to help the clinician be as best informed as possible in the care of patients with epilepsy.

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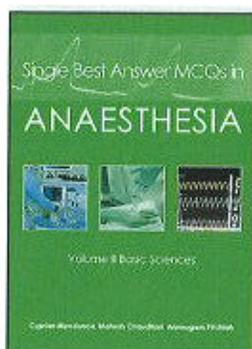
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Single Best Answer MCQs in Anaesthesia Volume II — Basic Sciences

Cyprian Mendonca MD FRCA *Consultant Anaesthetist, University Hospitals Coventry and Warwickshire, Coventry, UK*, **Mahesh Chaudhari MD FRCA FFPMRCA** *Consultant Anaesthetist, Worcestershire Royal Hospital, Worcester, UK*, **Arumugam Pitchiah MD FRCA** *Specialty Registrar, Welsh School of Anaesthesia, Wales, UK*

This book comprises six sets of single best answer practice papers. Each set contains 30 single best answer questions on physiology, pharmacology, clinical measurement and physics. The scenarios are based on the application of a wide knowledge of basic sciences relevant to the clinical practice of anaesthesia. The best possible answer to a given question is substantiated by detailed explanation drawn from recent journal articles and textbooks of anaesthesia and basic sciences. These questions enable the candidates to assess their knowledge in basic sciences and their ability to apply it to clinical practice. Alongside the previously published book *Single Best Answer MCQs in Anaesthesia (Volume I — Clinical Anaesthesia, ISBN 978-1-903378-75-5)*, this book is an ideal companion for candidates sitting postgraduate examinations in anaesthesia, intensive care medicine, and pain management. It will also be a valuable educational resource for all trainees and practising anaesthetists.

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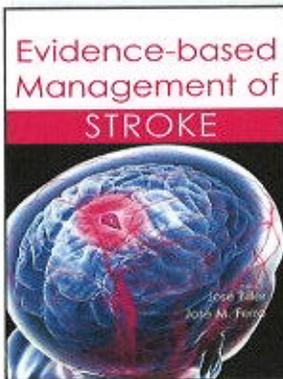
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Evidence-based Management of Stroke

José Biller MD FACP FAAN FAHA *Professor and Chairman, Department of Neurology, Loyola University Chicago, Stritch School of Medicine, Maywood, Illinois, USA*, **José M. Ferro MD PhD** *Serviço de Neurologia, Hospital de Santa Maria, Lisboa, Portugal*

More than five million people die from stroke each year. Stroke is also the leading cause of adult disability, affecting over 20 million people worldwide, with two-thirds of stroke victims left permanently disabled. We now know that speed of intervention is critical and patient outcomes are determined by a very narrow therapeutic window, during which physicians need to be able to make their choice of treatment rapidly, based on the best evidence available. The purpose of this book is to review that evidence, for both medical and surgical therapies as well as preventative strategies, drawing on the expertise of leading international authorities to distinguish the issues for which there is a consensus on best practice from those for which the evidence remains inconclusive. For example, for patients with acute ischemic stroke the first choice is intravenous thrombolytic therapy, but does a treatment window of 0-3 hours deliver outcomes significantly better than one of 3-4.5 hours? Arterial hypertension is the single most important modifiable risk factor for ischemic stroke, but what are the effects of blood pressure reduction among acute stroke patients? How effective is blood pressure lowering in primary intracerebral hemorrhage? What are the arguments in favour of continuation versus temporary discontinuation of anti-hypertensive therapy immediately after acute ischemic stroke? Endovascular procedures (carotid angioplasty/stenting) are increasingly important but what do the data tell us about their safety? Or durability? How do they compare with carotid endarterectomy? The management of unruptured intracranial aneurysms is rife with controversies; clip, coil, wait and watch? The authors examine the evidence for and against. Other sections examine the impact of various risk factors, and special populations. A section on stroke after cardiovascular surgeries reviews the incidence and management of stroke following a whole range of procedures. Another examines special risks during pregnancy. Lastly, the book reviews our understanding of childhood stroke and presents current best practice recommendations for this most challenging group of patients.

Winner of a HIGHLY COMMENDED AWARD in the Neurology category of the 2012 BMA Medical Book Competition

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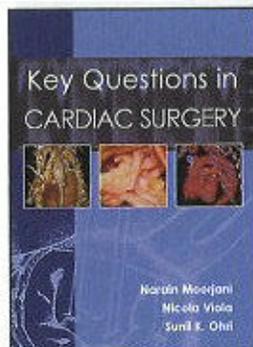
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Key Questions in Cardiac Surgery

Narain Moorjani MB ChB MRCS MD FRCS (C-Th) *Department of Cardiothoracic Surgery, Hahnemann University Hospital, Drexel University College of Medicine, Philadelphia, USA*, **Nicola Viola MD** *The Hospital for Sick Children, University of Toronto, Toronto, Ontario, Canada*, **Sunil K. Ohri MD FRCS (Eng Ed & CTh) FESC** *Department of Cardiothoracic Surgery, Wessex Cardiothoracic Centre, Southampton University Hospital, Southampton, UK*

Key Questions in Cardiac Surgery will systematically cover all the main topics involved in the current practice of a cardiac surgeon. It will incorporate current guidelines for practice (such as from the American Heart Association and European Society of Cardiology) and up-to-date information based on current literature. The data and body of knowledge presented in this book are strictly evidence-based which makes it ideal as a revision aid for residents/registrar's undertaking their Cardiothoracic Surgery Board examinations around the world. Although these examinations vary in format in different countries, this book is applicable to all cardiothoracic surgical trainees. Its concise, yet complete coverage of the important topics, make it the ideal guide to answer the key questions in cardiac surgery that are asked within the confines of an examination. Cardiologists, cardiothoracic intensive care unit specialists, nursing staff, physiotherapists and other professions allied to medicine, both surgical and cardiological, will also find the book useful in terms of the indications and surgical management of these patients, as they are integral to the cardiac surgical process.

Winner of a HIGHLY COMMENDED AWARD in the Surgical specialties category of the 2011 BMA Medical Book Competition

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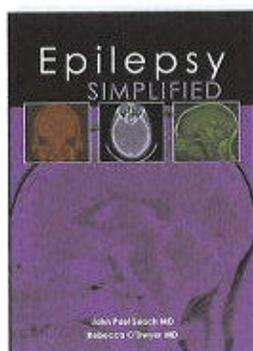
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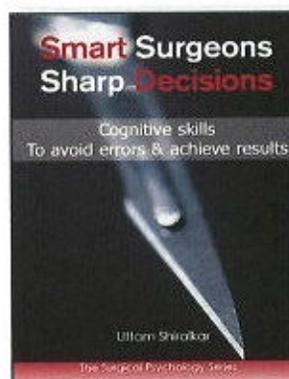
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Epilepsy Simplified

John P. Leach MD *Consultant Neurologist and Honorary Senior Lecturer, Southern General Hospital, Glasgow, UK*, **Rebecca O'Dwyer MD** *Epilepsy Research Fellow, Neurological Institute, Cleveland Clinic, The Cleveland Clinic Foundation, Cleveland, Ohio, USA*

Simplicity is an under-rated virtue; where information is vital, it should be possible to put it across in a way that is easy to understand and remember. Epilepsy is a common condition which has been recognised since the beginning of history, and as the opportunities for diagnosis and effective treatment have increased, it becomes more important that health professionals have a working knowledge of how epilepsy interacts with their own area of expertise. The interactions between all aspects of medicine and epilepsy should motivate all to do their best to learn about management of all stages of the disease, from first seizure through to status epilepticus. This is recognition that providing a diagnosis of epilepsy has more than medical implications, and in fact it is safe to say that there are few aspects of modern life that will remain untouched by such a diagnosis and consequent treatment. At some point, discussions will be required around the issues of fertility, job prospects, driving issues, family safety, childcare, travel, life insurance, diet, and sports participation.

This book has been produced by Dr Becky O'Dwyer and Dr John Paul Leach, recognised experts in epilepsy from opposite sides of the Atlantic. They have tried to make the key concepts of epilepsy's cause, prognosis and treatment accessible to all in this compact format, providing information for clinicians and permitting informed choice for patients and their families.



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Smart Surgeons; Sharp Decisions

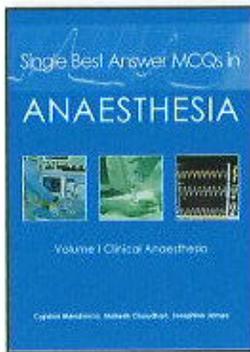
Cognitive skills to avoid errors and achieve results

Uttam Shiralkar MS FRCS MRCPsych *Consultant, Worcestershire Mental Health Partnership NHS Trust, University Hospitals Birmingham NHS Foundation Trust, UK*

A vital question that concerns many: how to make surgery safer? Is it by tightening the regulations and imposing rigid protocols or by empowering surgeons with the resources to help them make safer decisions? This is the book for those who would choose the second option. What do you think separates smart surgeons from the rest? Why, on the other hand, do surgeons make blunders despite having experience and knowledge? There is only one answer to both questions — it is decision-making. Decision-making is an art and is at the heart of surgery. It decides between excellent and poor surgical performance. Although a vital part of professional activity, surgeons are not generally aware of how to optimize decision-making skills. Making a good decision is a skill that, like any skill, needs to be developed and this book reveals how surgeons can sharpen these skills. Presented here are the findings from decision science that surgeons, irrespective of specialty or seniority, can apply to everyday practice. Surgeons are required to adapt new strategies throughout their careers. Ideas taken from this book will help to speed up the learning curve. It offers answers to the questions which experienced surgeons may find difficult to explain. Equally, it answers the questions that trainees may even find difficult to ask. You are expected to be cognizant of the knowledge behind making decisions. Nonetheless, no-one tells you how to access this information easily. This book is the key to that vital information.

"This is a very helpful book, written in a friendly and accessible style. It provides many fascinating examples of the phenomenon which so interests us surgeons. Surgeons of all ages and specialties will find it helpful to know about themselves and how they are challenged." **Mr Tony Giddings, Past President of the Association of Surgeons of GB & Ireland**

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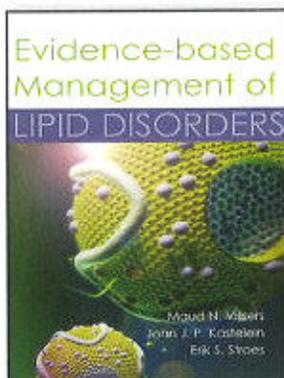
Single Best Answer MCQs in Anaesthesia Volume I — Clinical Anaesthesia

Cyprian Mendonca MD FRCA Consultant Anaesthetist, University Hospitals Coventry and Warwickshire, Coventry, UK, **Mahesh Chaudhari MD FRCA FFPMRCA** Consultant Anaesthetist, Worcestershire Royal Hospital, Worcester, UK, **Josephine James FRCA** Consultant Anaesthetist, Heart of England Foundation Trust and Programme Director, Warwickshire School of Anaesthesia, Regional Advisor, West Midlands south region, Birmingham, UK

The single best answer format of questions is invaluable in assessing a trainee's clinical skills and problem-solving abilities. It allows the trainee to demonstrate application of their knowledge to clinical practice.

This book comprises six sets of practice papers. Each set contains 30 single best answer questions which cover topics including clinical anaesthesia, pain and intensive care. The questions are based on the recent changes introduced to the written part of the final FRCA examination. The best possible answer to a given clinical scenario is substantiated by a detailed explanation drawn from recent review articles and textbooks in clinical anaesthesia.

These questions will enable candidates to assess their clinical knowledge and skills in problem-solving, data interpretation and decision making. This book is essential study material for candidates sitting postgraduate examinations in anaesthesia and intensive care medicine. It is not only an essential guide for trainees but also an invaluable educational resource for all anaesthetists.



Evidence-based Management of Lipid Disorders

Maud N. Vissers PhD, John J.P. Kastelein MD PhD, Erik S. Stroes MD PhD Academic Medical Centre, Department of Vascular Medicine, University of Amsterdam, Amsterdam, The Netherlands

Practising evidence-based medicine necessarily depends on the clinician having access to the best evidence available, but in a fast-moving field, keeping up to date with the latest developments is a challenging prospect. In this new volume, leading experts focus on the most important clinical issues associated with the management of lipid disorders, evaluating and interpreting the evidence available to provide the reader with a reliable summary of our current knowledge.

Topics covered include therapeutical strategies for managing hereditary lipid disorders, including familial hypercholesterolemia, both in adults and children, and familial combined hypercholesterolemia. The authors also evaluate the evidence for a link between inflammatory disease and cardiovascular risk; the metabolic syndrome and the interconnections between dyslipidemias and diabetes. They also look at therapeutic challenges such as the management of patients who are statin resistant, and the control of lipid levels in those suffering renal insufficiency.

Tables highlight important data, evidence from trial results and expert reports, and each section concludes with a series of key points that present a summary of evidence-based recommendations for best practice, graded according to the quality of that evidence. *Evidence-based Management of Lipid Disorders* provides the busy clinician with a unique analysis of the data supporting current therapies and will help the reader formulate effective strategies for treating their own patients.

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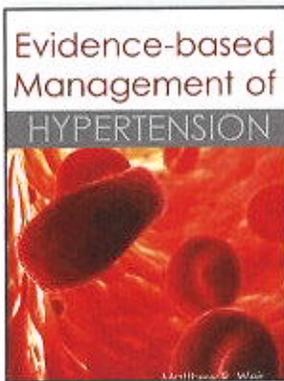
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EUR € 75



Evidence-based Management of Hypertension

Matthew R. Weir MD *Division of Nephrology, University of Maryland, Baltimore, Maryland, USA*

The treatment of hypertension is now evolving into a decision-making process of ever greater complexity. Not only has the range of drugs available increased but so too has our knowledge of the diversity of individual patients' responsiveness to therapy, and the need to tailor their treatment with reference to a wide variety of additional factors.

In order to provide effective patient care, the clinician needs to be aware of all the options available, but also of the evidence supporting their use and the extent to which that evidence justifies the choices made.

In this new volume, leading authorities in their fields draw on the available evidence to provide answers to a series of key clinical questions facing the clinician treating hypertension: Should we treat pre-hypertension? How does the choice of therapy change in the presence of comorbidities such as obesity, ischemic heart disease, left ventricular hypertrophy, diabetes or cerebrovascular disease? *Evidence-based Management of Hypertension* provides answers to these and many other questions, as the authors present an expert analysis of the available evidence and offer authoritative recommendations for treatment planning.

In each chapter, tables highlight evidence from a variety of sources, and every chapter concludes with a series of key practice points that present a summary of evidence-based recommendations for best practice, graded according to the quality of that evidence. For any clinician concerned with the care of the hypertensive patient, this volume will be a valuable aid to treatment planning and long-term management.

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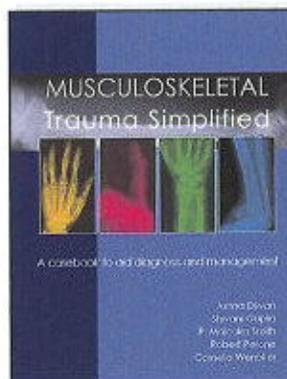
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Musculoskeletal Trauma Simplified

A casebook to aid diagnosis & management

Shivani Gupta MB BCh BAO *Resident, Diagnostic Radiology, St Vincent's Hospital and Medical Center of New York, New York Medical College, New York, USA*, **Amna Diwan MD** *Resident, Orthopedic Surgery, Harvard Combined Orthopedic Surgery Program, Massachusetts General Hospital, Boston, USA*, **Robert W. Perone MD** *Associate Professor, Program Director and Associate Chairman of Radiology, St Vincent's Hospital and Medical Center of New York, New York Medical College, New York, USA*, **R. Malcolm Smith MB ChB FRCS (Glas) FRCS MD FMGEMS** *Chief Orthopedic Trauma Service, Harvard Combined Orthopedic Surgery Program, Massachusetts General Hospital, Boston, USA*, **Cornelia Wenokor MD** *Assistant Professor, University of Medicine and Dentistry of New Jersey, New Jersey Medical School, Dept of Radiology, Newark, New Jersey, USA*

A simple case-by-case approach to the different types of orthopedic fractures. The book has been written for residents, registrars, newly qualified doctors and medical students, primarily targeted to those in the fields of diagnostic radiology, orthopedic surgery and emergency medicine. There are a variety of texts that exist but they lack simple images and explanations from which a fundamental base of skeletal trauma can be formed. Some of the standard textbooks are still too advanced and lack the basic knowledge. This book is divided into sections by anatomic location, each containing a number of cases which includes a brief clinical description, physical examination, followed by radiological images. Several questions are then asked, including the most likely diagnosis and followed by brief discussions on radiological findings and clinical management. With this format readers can test their knowledge on important orthopedic fractures as seen on a plain film. Furthermore, they can integrate this information with the standard clinical management involved with that specific disease entity.

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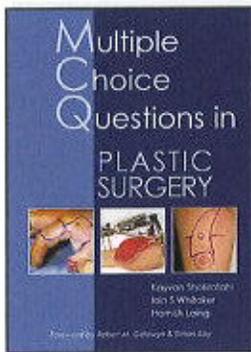
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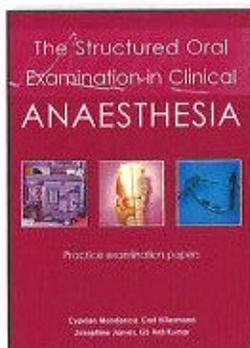
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MCQs in Plastic Surgery

Kayvan Shokrollahi BSc MB ChB MSc LLM MRCS (Eng) *Specialist Registrar in Burns and Plastic Surgery, Welsh Centre for Burns and Plastic Surgery*, **Iain S. Whitaker BA (Hons) MA Cantab MB BChir MRCS** *Specialist Registrar in Burns and Plastic Surgery, Welsh Centre for Burns and Plastic Surgery*, **Hamish Laing MBBS BSc FRCS FRCS (Plast)** *Consultant Plastic Surgeon, Welsh Centre for Burns and Plastic Surgery, former Honorary Secretary of the British Association of Plastic, Reconstructive and Aesthetic Surgeons (BAPRAS), UK*

Multiple Choice Questions in Plastic Surgery provides over 400 questions, answers and explanations covering the breadth of plastic and reconstructive surgery including burns. The expansive array of questions with detailed explanations and references will provide a solid foundation for those preparing for final specialty examinations such as the American Boards, the FRCS (Plast), EBOPRAS, MCh and others.

The questions are drawn from international experts and are up-to-date with the latest concepts and techniques, including face transplantation, new trends in reconstructive and aesthetic surgery, and recent scientific advances. It will therefore appeal to those interested in plastic surgery education globally. In particular, it will help plastic surgeons to keep up-to-date in the specialty, and demonstrate this through continuing medical education (CME) and for processes of revalidation.



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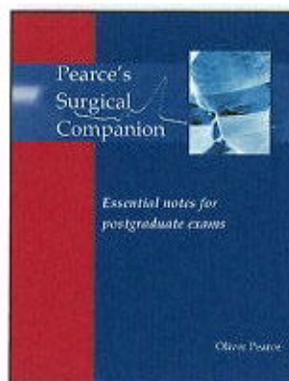
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The Structured Oral Examination in Clinical Anaesthesia *Practice examination papers*

Cyprian Mendonca MD, FRCA *Consultant Anaesthetist, University Hospitals Coventry and Warwickshire, Coventry, UK*, **Carl Hillermann FRCA** *Consultant Anaesthetist, University Hospitals Coventry and Warwickshire, Coventry, UK*, **Josephine James FRCA** *Consultant Anaesthetist, Heart of England Foundation Trust and Programme Director, Warwickshire School of Anaesthesia, Regional Advisor, West Midlands south region, Birmingham, UK*, **Anil Kumar FCARCSI** *Specialist Registrar, Warwickshire School of Anaesthesia, UK*

This book comprises structured questions and answers that closely simulate the structured oral examination (SOE) format of The Royal College of Anaesthetists' final FRCA examination. The style of exam questions has changed over the years and this book matches the most recent changes in this updated exam. It consists of ten sets (chapters) of complete SOE papers. Each SOE set (chapter) includes one long case, three short cases and four different applied basic science topics (anatomy, physiology, pharmacology and clinical measurement). As this book is presented in the format of complete examination papers, it will enable candidates to assess their knowledge and skills. It will also assist trainers in setting up mock exams. With thorough revision of this book, trainees can confidently sit their exams. The authors have been organising final FRCA viva courses for the past five years, running four exam preparation courses a year, attended by about 200 trainees each year. This book includes updated knowledge based on the syllabus and more recent questions asked in the FRCA examination. It is, therefore, essential study material for trainees and a great educational tool for trainers. This book will also help candidates all over the world to pass highly competitive postgraduate examinations in anaesthesia. It is an invaluable educational resource for all anaesthetists.

Winner of a HIGHLY COMMENDED AWARD in the Anaesthesia category of the 2010 BMA Medical Book Competition



Pearce's Surgical Companion: Essential notes for postgraduate exams

Oliver Pearce MB BS MRCS *Specialist Registrar in Trauma, The John Radcliffe Hospital, Oxford, UK*

This book represents a review of all the subjects with which a junior doctor needs to be effortlessly conversant in their postgraduate surgical exams in order to qualify as a specialist trainee. It covers a full range of subjects, concisely written to aid the revision process and includes basic science, physiology, anatomy, examination techniques, operative surgery and clinical surgery topics. The latter two sections are further subdivided into their relevant surgical specialty for clarity and ease of learning: general surgery, orthopaedics, vascular surgery, ENT surgery, breast and endocrine surgery, and urology. The physiology section is further sub-divided into the following areas: respiratory, cardiac, renal, gastrointestinal, endocrine, and general.

The purpose of this book is to pull together the main subject areas to provide a coherent overview of the facts, as well as the principles, which examiners are looking for when deciding whether a doctor has the requisite skills and knowledge to proceed further with their training in surgery as a specialist. It contains essential required information, which would otherwise take months to gather by reading a variety of textbooks, each one specifically aimed at its own specialist topic.

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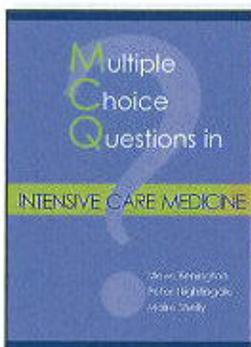
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MCQs in Intensive Care Medicine

Steve Benington MB ChB MRCP FRCA *Specialist Registrar, Anaesthesia & Intensive Care, Manchester, UK*, **Peter Nightingale FRCA FRCP** *Consultant in Intensive Care & Anaesthesia, Intensive Care Unit, Wythenshawe Hospital, Manchester, UK*, **Maire Shelly MB ChB FRCA** *Consultant in Intensive Care & Anaesthesia, Intensive Care Unit, Wythenshawe Hospital, Manchester, UK*

This book provides 300 practice MCQs divided into three practice papers. Correct answers follow, accompanied by short referenced notes drawing from recent important journal articles, major critical care textbooks and selected internet resources.

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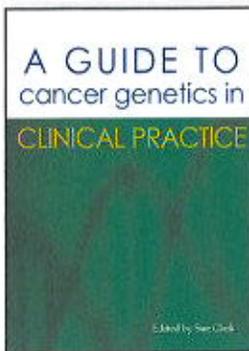
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This dedicated intensive care MCQ book is relevant to the following groups: junior intensive care trainees, senior intensive care nursing staff wishing to enhance their medical knowledge, intensive care consultants as a teaching aid and trainees preparing for professional examinations. This MCQ book will also be ideal in preparation for the European Diploma in Intensive Care Medicine (EDIC) Part 1 examination, as the questions are matched as closely as possible in style and difficulty to those in the EDIC Part 1. The EDIC is an internationally recognised qualification for medical trainees in intensive care, set by the European Society for Intensive Care Medicine (ESICM). It is a two-part examination consisting of a 100-question multiple choice paper (Part 1) and a clinical and viva voce examination (Part 2). To ensure relevance, the questions are designed with reference to the training syllabus provided by the ESICM.



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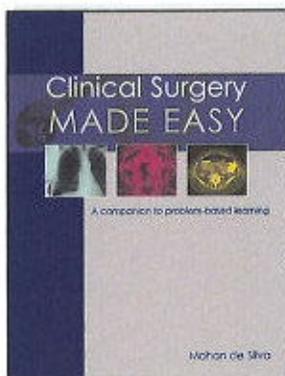
A guide to cancer genetics in clinical practice

Sue Clark MD FRCS (Gen Surg) *Consultant Colorectal Surgeon and Assistant Director, The Polyposis Registry, St Mark's Hospital, Northwick Park, Harrow, UK*

Intensive research over the last fifteen years has yielded a vast expansion in our understanding of the role of inheritance and genetics in a variety of cancers. Several inherited conditions have been identified which result in a high risk of various cancers; some of these were previously recognized, but the genetic basis underlying them has now been elucidated. This knowledge is now entering the sphere of routine clinical care. Surgeons, gastroenterologists, gynaecologists, oncologists, endocrinologists and many others need an awareness of these disorders, an understanding of genetic testing and when it is indicated, and how to manage patients with inherited cancer predisposition and their families.

This book covers the basic concepts of cancer genetics. The common inherited cancer syndromes are each dealt with in greater depth, with the current management outlined. This book is aimed at all clinicians who may encounter these conditions in their practice. It aims to facilitate identification of high-risk individuals and families, to inform interaction with geneticists and other sub-specialists, to provide a basis for patient management and to stimulate interest in these fascinating conditions.

FIRST PRIZE Winner in the Oncology category of the 2010 BMA Medical Book Competition



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Clinical Surgery Made Easy

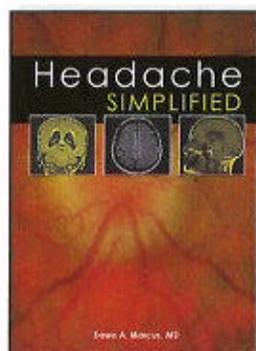
A companion to problem-based learning

Professor Mohan de Silva MS FRCS (Edin) *Professor of Surgery, University of Sri Jayewardenepura, Colombo, Sri Lanka and Honorary Consultant General Surgeon, Mid Cheshire Hospitals NHS Foundation Trust, UK*

This book aims to supplement the reader's clinical experience with a carefully designed series of commonly encountered clinical problems in general surgery to simulate the clinical decision-making approach. Each clinical topic includes: a problem-solving approach; system-based essential core knowledge; concise explanations of relevant basic sciences; management pathways (based on the most up-to-date guidelines); FAQs; self-assessment (EMQs, SBAs, T/F).

This book, primarily aimed at undergraduates and junior doctors, will guide and stimulate the reader to recognise, recall and apply the relevant facts to given clinical situations and also enhance success at clinical examinations.

"Standard textbooks can be daunting. This book is different. I believe that students and young doctors will find this an easy read and will be able to translate the scenarios into an understanding of how clinical pathways are constructed. By asking questions through the pathways students are encouraged to develop their own ideas — a form of problem-based learning rather than learning by rote. Retention of facts is so much easier when they form part of a story." **David Cade FRCS, Consultant Surgeon**



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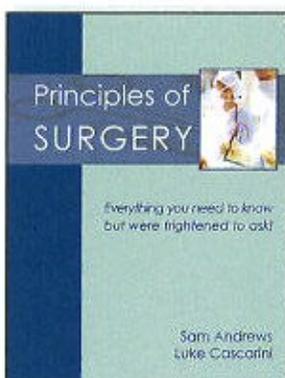
Headache Simplified

Dawn A. Marcus, MD *Professor, Department of Anesthesiology, Pain Evaluation and Treatment Institute, University of Pittsburgh, Pittsburgh, USA*

This practical book provides a handy reference for the doctor confronted with patients complaining of headache. Headache is one of the most common complaints seen in the outpatient or ambulatory care setting, and may be caused by a wide variety of conditions. This book clearly explains up-to-date headache epidemiology, impact, and pathogenesis, and walks the reader through the steps to evaluating and treating the patient presenting with primary or secondary headache disorders. Also included are reviews of common headache comorbidities, including cardiovascular disease and stroke, epilepsy, fibromyalgia and mood disturbance.

Copious use of easy-to-understand figures, tables, and algorithms make this book a useful and practical tool in the clinic. Guidance on selecting diagnostic tests and specific treatment protocols are provided. Treatment recommendations are evidence-based with full referencing and include emerging therapies. Sections on evaluating and treating headaches in children, women during pregnancy, and the elderly complete this comprehensive reference.

The likely readership will include the following: neurologists, general physicians, doctors in training, hospital pharmacists, primary care physicians, nurses and nurse practitioners.



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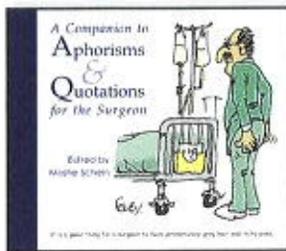
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Principles of Surgery: Everything you need to know but were frightened to ask!

Sam Andrews FRCS *Consultant Surgeon, Medway Hospital, Kent, UK*, **Luke Cascarini BDS MB BCh FDSRCS MRCS** *Specialist Registrar, Oral and Maxillofacial Surgery, South Thames region, Kent, UK*

This book is a succinct set of notes in a question and answer format covering the fundamental principles of surgery. It is aimed at anyone who works in a surgical specialty, not only surgeons, but also nurses, operating department assistants, assistants in surgical practice, trainee surgeons, junior doctors, dentists, podiatrists and medical students of all surgically-oriented disciplines.

Many facts and principles are important to those who work in a surgical field, but there is no single unifying book that has covered all the basic, essential material that EVERYONE should know, regardless of their discipline. Equally, many of the existing surgical principle books are written purely for surgeons and, of course, eighty percent of their content is relevant only to surgeons and medical students, and not the wider audience. There is a lot of redundancy, not to mention expense, in reading these books. This book is essential reading in order to have a firm grasp of the fundamental principles of surgery before specialising into one of today's surgical disciplines.



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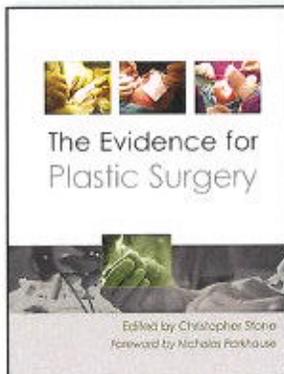
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A Companion to Aphorisms & Quotations for the Surgeon

Moshe Schein MD FACS FCS (SA) Professor of Surgery, Marshfield Clinic, Ladysmith, Wisconsin, USA

Since its publication, about four years ago, the bestseller, *Aphorisms & Quotations for the Surgeon*, has found its place in surgeons' personal and public libraries. Surgeons are using the book to 'decorate' their lectures or manuscripts with relevant smart or entertaining entries; some like to quote from the book during teaching rounds or conferences; many simply enjoy it for its collective and eternal surgical wisdom and wit. This book brings an additional medley of aphorisms and quotations for surgeons, sent in by surgeons or retrieved from multiple sources to serve as a companion to the first volume. It is hoped that readers, especially the younger surgeons, will discover that surgical truth is old, that what they think is a novel idea has been said before, and that what they observe around them — has been observed years ago. It may contribute to their humanity and humility, perhaps even add maturity to their surgical personality and practice, and with a bit of luck, increase their sense of surgical humor — which in the era of political correctness has tended to dry up. A previous review of *Aphorisms & Quotations for the Surgeon*:

"... this promises to be an enormously useful, not to mention — entertaining — volume for any surgeon who writes a paper, gives a talk or teaches students. If a family member or colleague does not have the foresight to give this book to you as a gift, it is well worth the price of buying it for yourself." *Annals of Surgery*



The Evidence for Plastic Surgery

Christopher Stone FRCS (Plast.) Consultant, Plastic and Reconstructive Surgery, Royal Devon and Exeter Hospital, Exeter, UK

Evidence-based medicine is now firmly established in the lexicon of modern health care. In *The Evidence for Plastic Surgery* the diverse spectrum of plastic surgical practice is called to account by a cross-examination of the available evidence in support of many of the common treatment protocols and surgical procedures in everyday use. The result is a text that makes an important contribution to some of the contentious debates within the specialty and details the critical appraisal of new or developing techniques.

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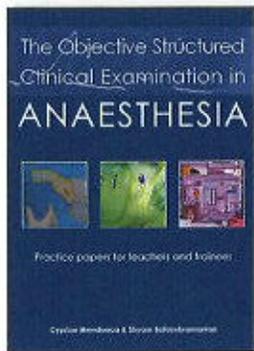
Retail price:

GBP £75

USD \$150

EUR € 115

The Evidence for Plastic Surgery is a unique and invaluable reference source for senior doctors and for those in training, not only in plastic surgery but also in a variety of other closely aligned specialties including general and orthopaedic surgery.



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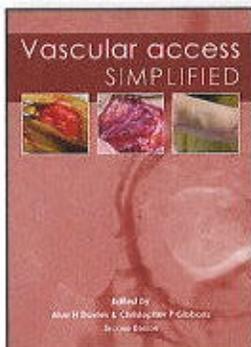
The Objective Structured Clinical Examination in Anaesthesia

Practice papers for Teachers and Trainees

Cyprian Mendonca MD FRCA Consultant Anaesthetist, University Hospitals Coventry and Warwickshire, Coventry, UK, **Shyam Balasubramanian MD FRCA** Consultant Anaesthetist, University Hospitals Coventry and Warwickshire, Coventry, UK

The Objective Structured Clinical Examination (OSCE) is a highly reliable and valid tool for the evaluation of trainees in anaesthesia. It enables examiners and trainers to assess a number of competencies in an organised way. Performance in the OSCE is considered to be a fair reflection of the level of knowledge and skill attained during anaesthesia training. Apart from having a wide and deep knowledge on the subject, trainees are expected to have the capacity to demonstrate their competency in a short period of time allotted for each station.

The authors of this book have a rich experience in successfully conducting OSCE courses in the United Kingdom. The sample OSCE sets in the book closely simulate the style and content of the Royal College of Anaesthetists' examination format. The book contains 100 OSCE stations with answers based on key practical procedures, clinical skills, communication skills, data interpretation, anaesthetic equipment and the management of critical incidents on a simulator. This book will also help candidates all over the world to pass highly competitive postgraduate examinations in anaesthesia. It is an invaluable educational resource for all anaesthetists.



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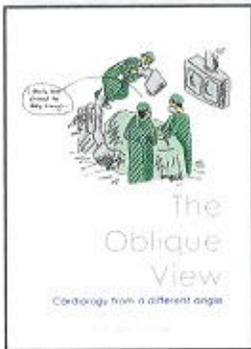
Vascular Access Simplified 2nd edition

Alun H. Davies MA DM FRCS Reader and Consultant Surgeon, Charing Cross Hospital & Imperial College, London, UK, **Christopher P. Gibbons MA DPhil MCh FRCS** Consultant Vascular Surgeon, Morriston Hospital, Swansea, UK

Following on from the huge success of the first edition, this is the second edition which will not only update all previous chapters but also, it will have many additional chapters to add value over and above the first edition. The need for dialysis access surgery is growing rapidly as the population of patients with end-stage renal failure expands. This book is aimed at those healthcare professionals involved in the care of patients undergoing dialysis. *Vascular Access Simplified* gives a comprehensive review of all aspects of adult dialysis access with a specific emphasis on haemodialysis. The text highlights some of the difference in practices of physicians in Europe and the USA.

The contributors are allied professionals, physicians, radiologists, vascular and transplant surgeons who have a specific interest and are all committed to improving the quality of dialysis access.

Winner of a COMMENDED AWARD in the Urology category of the 2008 BMA Medical Book Competition



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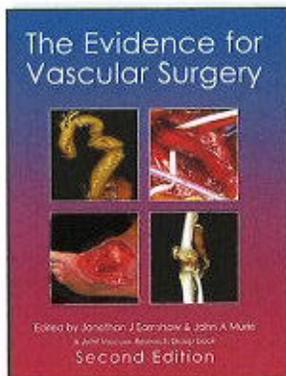
The Oblique View Cardiology from a different angle

Michael S. Norell MD FRCP *Consultant Interventional Cardiologist & PCI Programme Director, The Heart & Lung Centre, Wolverhampton, UK*

The study of heart disease — cardiology — is an immensely satisfying branch of medicine. The heart is just so tangible; we can see it, touch it, hear it, and when all else fails, we can always manage to put a tube inside and take X-ray pictures of it. Because we try to make sense of a three-dimensional organ by taking two dimensional snapshots, we need a variety of angles to get the complete image, and so often use an oblique view.

Day to day life in a cardiac unit is the same; often mundane, sometimes dramatic, but always amenable to being examined with a different slant. How do common cardiac drugs get their name? What sort of music do surgeons choose to listen to as they delve amongst our innards? Why can going to cardiac conferences be so damned irritating and just how close to reality are all those TV hospital dramas? What personalised number plates adorn doctors' cars, which accents best suit which specialties and what should you call a disease in order to ensure that it is your name that is immortalised in the medical textbooks for years to come?

This collection of musings touches on these, as well as many other aspects of cardiology. They do not attempt to make sense of any of them; they aim only to broaden the mind a little by taking a sideways glance at medical life.



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The Evidence for Vascular Surgery

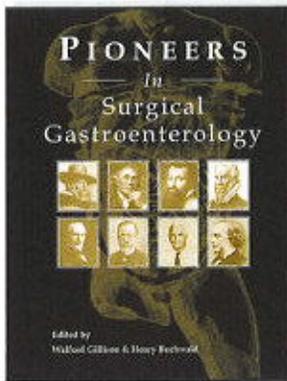
Second edition

Jonathan J. Earnshaw DM FRCS *Consultant Surgeon, Gloucestershire Royal Hospital, Gloucester, UK*, **John A. Murie MA BSc MD FRCS** *Consultant Vascular Surgeon and Honorary Senior Lecturer, Royal Infirmary of Edinburgh, Edinburgh, UK*

The first edition published in 1999, was described as a "longed for addition to the literature", and as a text that "cannot be compared with any other book on vascular surgery" (*Lancet* 2000; 355: 1918). At the time it was different; a book to help busy clinicians sift through surgical research and use it to make sensible decisions for their clinical practice. The challenge for this second edition is to produce something better still.

The new edition is larger and more comprehensive, thanks to valuable suggestions from colleagues and reviewers. The text is as accessible as possible, with short chapters, recommendations for management, comprehensive referencing and full colour illustration. It belongs on the shelf, or in the briefcase of everyone who has to treat patients with vascular disease.

Winner of a HIGHLY COMMENDED AWARD in the Surgery category of the 2007 BMA Medical Book Competition



Pioneers in Surgical Gastroenterology

Walford Gillison FRCS Ed FRCS Emeritus Consultant Surgeon, Kidderminster General Hospital, Kidderminster, UK and Honorary Consultant Surgeon, City Hospital, Birmingham, UK, Henry Buchwald MD PhD FACS Professor of Surgery and Biomedical Engineering, Owen H. and Sarah Davidson Wagensteen Chair in Experimental Surgery Emeritus, University of Minnesota, Minnesota, USA

This book is both a lively introduction and a guidebook to those pioneers, most of them surgeons, who attempted to help their patients by extending the boundaries of their own knowledge and experience.

In the 16 chapters of the book, an international group of authors have provided something of value to all those with an interest in surgical gastroenterology. Medical students and young trainees will come to understand the principles behind modern gastrointestinal surgery. Researchers will find insights and inspiration for their work and publications. Established surgeons and physicians will be rewarded with information that adds colour to their teaching, either on ward rounds or during formal lectures.

Great care has been taken in choosing appropriate portraits and illustrations to bring these remarkable pioneers to life for the reader.

Winner of a COMMENDED AWARD in the Basis of Medicine category of the 2007 BMA Medical Book Competition

Hardback

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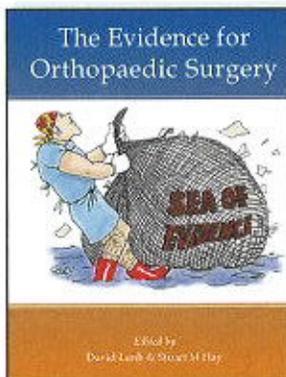
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GBP £45

USD \$85

EUR € 68



The Evidence for Orthopaedic Surgery

David Limb BSc FRCSed (Orth) Senior Lecturer, University of Leeds and Honorary Consultant, Leeds Teaching Hospitals Trust, Leeds, UK, Stuart M. Hay MB ChB FRCS FRCS (Orth) Consultant Orthopaedic Surgeon, Robert Jones and Agnes Hunt Orthopaedic Hospital, Oswestry, UK and The Royal Shrewsbury Hospital, Shrewsbury, UK

Any textbook of orthopaedics and trauma can attempt to capture the essence of our knowledge in the diverse specialties that make up this broadest of surgical disciplines. Any claim to be comprehensive, however, is futile — indeed, the rate of publication of new materials and research exceeds the capacity of any individual to keep fully abreast. So, how are we to keep up-to-date and sufficiently informed to practice evidence-based medicine? One way is to rely on authoritative yet unbiased reviews of important questions written by authors dedicated to education of the reader; that is the purpose of this book.

Whether the reader is an established practitioner wishing to update their knowledge or a trainee wanting to brush up on current opinion before exams, this book should fit the bill. The size of the task would be prohibitive if every aspect of trauma and orthopaedics was to be considered. For this reason we have selected key areas where rapid expansion in knowledge is occurring or where there is topical interest. We hope, therefore, that we have summarised a sufficiently broad range of topics to make this essential reading for orthopaedic surgeons of all grades.

Hardback

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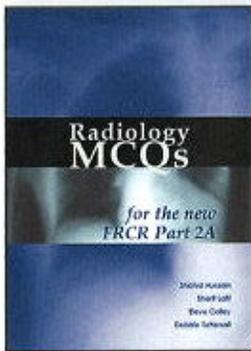
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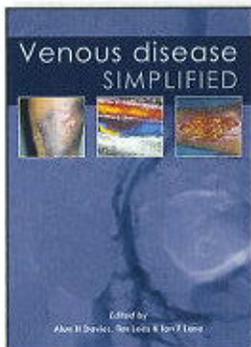
Radiology MCQs for the new FRCR Part 2A

Shahid Hussain MA MB BChir MRCP Specialist Registrar Radiology, Royal Orthopaedic Hospital, Birmingham, **Sherif Latif MB ChB MRCS** Specialist Registrar Radiology, George Eliot Hospital, Nuneaton, **Steve Colley MB ChB MRCS** Specialist Registrar Radiology, Birmingham Children's Hospital, **Debbie Tattersall BSc MB ChB MRCP FRCR** Consultant Radiologist, University Hospital Birmingham Foundation NHS Trust

The Fellowship of the Royal College of Radiologists' Part 2A Examination has undergone significant changes and a new format was initiated in Spring 2004. The multiple choice question examination has now been divided into six system modules and contains questions on anatomy, physics and techniques. The exam format underwent further revision in Winter 2005, implementing an increased emphasis on the cardiothoracic & vascular and paediatrics modules. This MCQ book was written to address all these changes.

This book contains 500 multiple choice questions with short answers; all answers are fully referenced allowing for additional reading. Questions are drawn from the most commonly used textbooks, specialty textbooks and current radiology journals, reflecting the current 'hot topics' in radiology. Six mock papers are included which mirror the new and revised exam format.

Radiology MCQs for the new FRCR Part 2A is the ideal revision tool for radiology registrars preparing for the newly revised exam.



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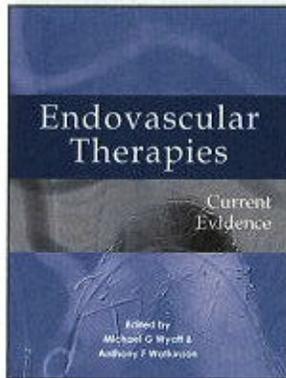
Venous Disease Simplified

Alun H. Davies MA DM FRCS Reader and Consultant Surgeon, Charing Cross Hospital & Imperial College, London, UK, **Tim Lees MB ChB FRCS MD** Consultant Vascular Surgeon, Freeman Hospital, Freeman Road, High Heaton, Newcastle upon Tyne, UK, **Ian F. Lane MA DM MCh FRCS** Consultant Vascular Surgeon, University Hospital of Wales, Cardiff, UK

This book is a topical review of venous disease providing an up-to-date view of management and current issues. It is aimed at professionals involved in the management of patients with venous disease, whether they be a vascular specialist, nurse or technologist, physicians with an interest in venous disease, as well as primary care doctors and nurses who wish to complement their knowledge of the area.

Acknowledged experts, active in the field, have covered topics ranging from the history, epidemiology, signs and symptoms, investigation and treatment of venous disease to issues of quality of life, complications and litigation, and setting up a clinical service. The treatment of deep vein thrombosis is discussed together with the controversial area of DVT and travel. Newer techniques of vein ablation, subfascial endoscopic perforator surgery (SEPS) and foam sclerotherapy are also covered.

This book should find a place on the bookshelf as an exciting review of contemporary themes and complements traditional textbooks.



Endovascular Therapies: current evidence

Michael G. Wyatt MSc MD FRCS *Consultant Vascular Surgeon, Northern Vascular Centre, Freeman Hospital, Newcastle-upon-Tyne, UK* **Anthony F. Watkinson BSc MSc (Oxon) FRCS FRCR** *Honorary Professor of Radiology, The Peninsula Medical School and Consultant Radiologist, The Royal Devon and Exeter Hospital, Exeter, UK*

Endovascular intervention has rapidly become part of everyday medical practice. Although a relatively young specialty, its impact on the management of vascular disease has been dramatic and profound. As techniques have become established, technology has moved forward at a breathtaking pace making regular update vital to stay abreast of this expanding specialty.

The topics and authors in this book have been carefully selected to reflect these recent advances and to inform and educate the reader. All authors are renowned and respected within their fields of endovascular intervention. They have provided an up-to-date text covering aspects of vascular disease including: the supra-aortic, thoracic, aortic and mesenteric vessels, venous thrombosis and the management of failing dialysis fistulae. In addition, the impact of virtual environments to complement conventional training is considered.

This book will appeal to all specialists who practise endovascular intervention in the fields of interventional radiology, vascular surgery and cardiology. The readership should extend to all members of the endovascular team, be they doctor, nurse, technologist or technician. It will hopefully update the reader in many of these exciting areas. We hope you enjoy it.

Paperback

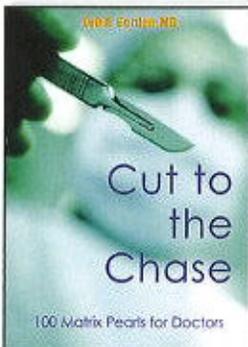
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EUR € 55



Cut to the Chase *100 Matrix Pearls for Doctors*

Leo A. Gordon MD *Los Angeles, USA*

Matrix pearls are the glue that holds medicine together. They are the valuable kernels of wisdom and experience that guide physicians through the complexities of modern medical practice. *Cut to the Chase — 100 Matrix Pearls for Doctors* takes the grand oral traditions of medicine and records them as valuable lessons. Most of these pearls arise from heated discussions at the morbidity and mortality (audit) conference, on hospital rounds, in hallways or in the physicians' lounge. Many arise in the privacy of the consultation room or from family discussions. These lessons are usually lost. They are seldom recorded and have never been catalogued.

Dr. Leo Gordon, author of the popular *Gordon's Guide to the Surgical Morbidity and Mortality Conference*, distills a thirty-year career in medicine into one hundred witty, poignant and eminently readable essays. Students, nurses, administrators and physicians of all specialties will find in this book a delicious view of the ups and downs of life in medicine. Patients will get a rare look into the thoughts of medical practitioners.

Cut to the Chase — 100 Matrix Pearls for Doctors is an indispensable guide through the world of today's medicine.

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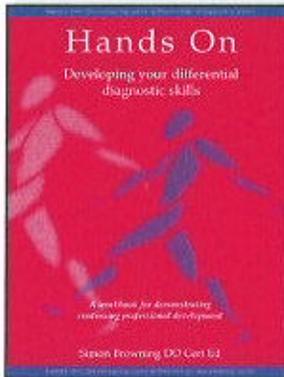
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Hands On: Developing your differential diagnostic skills

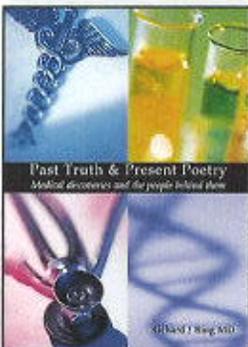
A workbook for demonstrating continuing professional development

Simon Browning DO Cert Ed *Osteopath, Lecturer and Clinic Supervisor, London School of Osteopathy, London, UK*

Continuing professional development in the mainstream manual therapies: physiotherapy, osteopathy and chiropractic, is now a mandatory requirement to ensure continued registration with the relevant professional body. All the professional registration bodies identify the importance of continuous self-directed learning and learning with others.

This workbook can be a practical tool in identifying areas for further study and once completed, will form a valuable part of the therapist's continuing professional development portfolio.

This workbook is divided into sections, each dealing with a different aspect of the consultation process, covering the general observation of the patient, aspects of the case history, physical evaluation and specific systemic examination procedures, enabling the practitioner to reflect upon their personal differential diagnostic criteria for both medical disease and musculoskeletal dysfunction.



Paperback

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Past Truth and Present Poetry

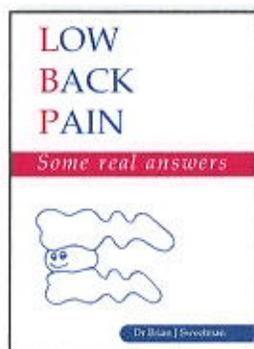
Medical discoveries and the people behind them

Richard J. Bing MD *Professor of Medicine, USC (Em), Director of Experimental Cardiology, Huntington Medical Research Institutes, California, USA*

This book is about the science of medicine and the men and women who advanced the knowledge and treatment of disease. History is driven by individuals and by their urge to make their ideas known. Medicine is unique, because these ideas benefit the sick. Physicians who render treatment and patients who receive it, give little thought to those whose ideas made it all possible and who frequently derived no commercial gains.

This book refers to the origin of some of these ideas. It attempts to relate, in brief chapters, the travails, the successes and the disappointments of some of those who pioneered these advances. The book is not intended as reference material. The chapters are brief descriptions of some men and women, who opened new fields in medical sciences, who fought for their ideas, some of them committing honest errors before arriving at the truth.

This book will appeal to anyone working in the fields of medicine and science or indeed anyone who has a burgeoning interest for either of these areas.



Paperback

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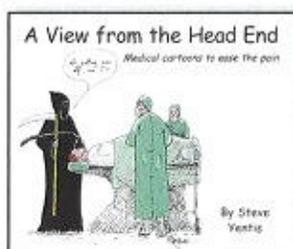
Low Back Pain: some real answers

Brian Sweetman FRCP PhD MD *Consultant Rheumatologist, Morriston Hospital, Swansea, UK*

Of back pain there has been much written, and yet little proven. How can it be that everyone is an expert and yet there has been so little progress? The common forms of back pain defy meaningful diagnosis, treatment is unreliable, and disability and handicap show an inexorable increase. Are matters being made worse with well intentioned but misleading advice? Should published research be more severely criticised? How does one even begin to find a solution to these problems?

This book goes a long way towards answering some of these questions. One of the fundamental aims was to produce a reliable and objective diagnostic classification for the common forms of low back pain. The resulting underlying concepts are surprisingly simple. This book will be of interest to anyone involved with treating cases of low back pain, whether they be a generalist, specialist, diagnostician or therapist.

Dr. Brian Sweetman has been a Consultant Rheumatologist since 1981. He has dedicated much of his working life to back pain research, gaining a PhD on the topic of back pain in industry and an MD on the Numerical Classification of Common Low Back Pain. In the past he has served as Auditor, then Treasurer, to the Society for Back Pain Research. He still sees back pain patients regularly and also offers medico-legal, industrial and health and safety advice, and continues to publish and correspond on back and neck pain problems.



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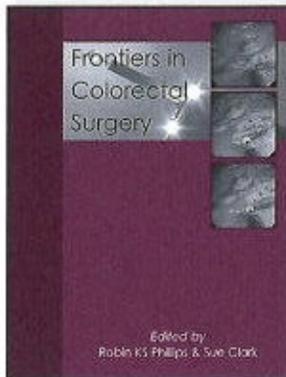
A View from the Head End

Medical cartoons to ease the pain

Steve Yentis FRCA *Consultant Anaesthetist, Magill Dept. of Anaesthesia, Intensive Care & Pain Management, Chelsea & Westminster Hospital, London, UK*

Choosing an easy life as an anaesthetist over the cut and thrust of art college, Steve Yentis has been drawing medical cartoons for the last 20 years, whilst waiting for surgeons to turn up or his regional blocks to work. This collection of drawings represents a wry look at life in the operating theatre, wards and clinic, as seen from the Head End, which is, of course, by far the more important end.

Appealing to anyone who has ever worked in a hospital, this book will help pass the time during those long periods of inactivity between audit meetings. Exam candidates in particular will find it contributes absolutely nothing to their chances of success.



Frontiers in Colorectal Surgery

Robin K.S. Phillips MS FRCS *Honorary Professor of Colorectal Surgery, St. Mark's Hospital, Harrow, Middlesex, UK*, **Sue Clark MD FRCS (Gen Surg)** *Consultant Colorectal Surgeon, Barts and the London NHS Trust, London, UK*

This book is a topical review of issues the editors consider to be "hot topics" and will be of interest to qualified consultant colorectal surgeons and those performing general surgery with an interest in colorectal surgery. In addition, the topics picked are likely to be ones that candidates taking the Intercollegiate Examination in General Surgery will be quizzed upon. It is not intended to be a textbook covering all aspects of colorectal surgery. Rather, it is meant to be an up-to-date view of current and probable near future advances.

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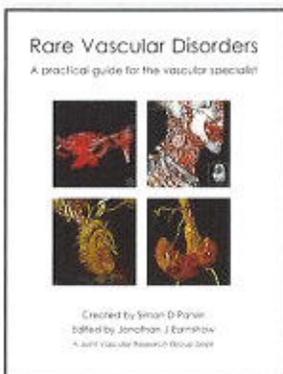
USD \$75

EUR € 60

Frontiers in neoplasia, inflammatory bowel disease, anal disorders and management are covered by acknowledged experts, known to be active in the field. The implications of deep pelvic dissection and pouch surgery in males and females are sensitively explored.

Each chapter contains three main sections entitled 'What is the problem/issue?', 'Where are we now?' and 'Where are we going?'. Referencing for the first two is key and current; the last section is speculative with the occasional reference.

This volume should find a place on the coloproctologist's bookshelf as an exciting review of contemporary themes, complementing traditional textbooks.



Rare Vascular Disorders

A practical guide for the vascular specialist

Jonathan J. Earnshaw DM FRCS *Consultant Vascular Surgeon, Gloucestershire Royal Hospital, Gloucester, UK*, **Created by Simon D. Parvin FRCS** *Consultant Vascular Surgeon, Royal Bournemouth Hospital, Bournemouth, UK*

In this era of evidence-based medicine, clinicians treat common conditions according to guidelines and protocols derived from the results of randomised clinical trials. This book will help vascular specialists when they have to treat a patient with an unusual condition where they may have no experience and there is little published scientific information.

Hardback

ISBN: 978-1-903378-32-8
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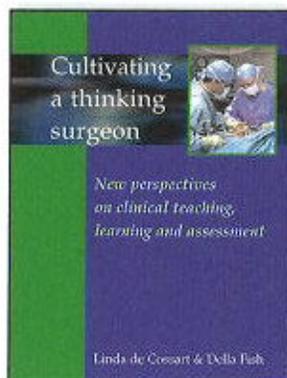
Retail price:

GBP £45

USD \$85

EUR € 68

The Joint Vascular Research Group has collected rare vascular conditions in a register for over a decade, and this book reviews the experience, together with the best information from the surgical literature. The authors give a practical guide on the diagnosis and management of rare vascular disorders. This book should be read by everyone who manages patients with vascular disease.



Cultivating a thinking surgeon

New perspectives on clinical teaching, learning and assessment

Linda de Cossart MB ChM FRCS *Consultant Vascular Surgeon, Countess of Chester NHS Foundation Trust, Chester, UK*, **Della Fish MA Med PhD** *Professor of Education (postgraduate medicine), King's College, London, Education Adviser to Kent, Surrey and Sussex Deanery for postgraduate medical and dental education, UK*

This book offers a carefully argued approach to the postgraduate preparation of surgeons and doctors. At a time when surgical/medical education is undergoing profound change this text will prove an invaluable resource for those both reorganizing teaching programmes and those working with learning surgeons/doctors. It emphasizes what is involved in learning to be a surgeon and/or doctor who can engage in professional conduct and exercise professional judgement, as opposed to being trained in surgical/medical activities in order to demonstrate the behaviour expected by assessors.

It provides many examples and ideas which have been developed and refined over the past three years in partnership with a wide range of working surgeons and doctors in practical settings and in reflective seminars. The authors have together brought to the production of this book a unique combination of a practising surgeon who is dedicated to the development of excellence in surgical practice, and a practising teacher educator who is dedicated to developing expertise in educational practice, particularly in clinical settings.

Paperback

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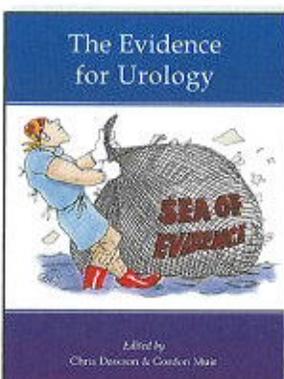
ISBN: 978-1-908986-02-3

Retail price:

GBP £35

USD \$65

EUR € 55



The Evidence for Urology

Chris Dawson BSc MS FRCS *Consultant Urologist, The Edith Cavell Hospital, Peterborough, UK*, **Gordon Muir FRCS (Urol) FEBU** *Consultant Urologist, King's College Hospital, London, UK*

Why do any of us hold the views that we do in practising urology? Factors which influence our current views will include prejudices picked up during our training. Our own experience or that of our colleagues will also, in some way, have an effect on the decisions that we take.

With the changing financial climate in medicine as a whole it is imperative that decisions taken affecting patient treatment are made using the best available evidence — something that until now has rarely been the case.

This book, uniquely in the field of urology, is the collaborative work of a number of distinguished authors and covers a wide range of challenging issues in urology. The subject matter has in each case been carefully reviewed to include the evidence base which influences current thinking in that area.

FIRST PRIZE Winner in the Urology category of the 2005 BMA Medical Book Competition

Hardback

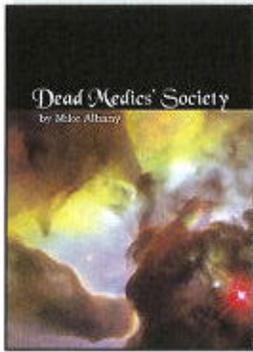
ISBN: 978-1-903378-19-9
406pp; 210mm x 270mm
January 2005

Retail price:

GBP £40

USD \$75

EUR € 60



Paperback

ISBN: 978-1-903378-34-2

146pp; 149mm x 185mm

November 2004

Retail price:

GBP £12.99

USD \$24.95

EUR € 20

Dead Medics' Society

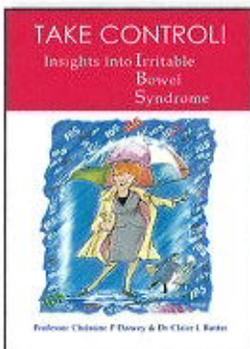
Mike Albany

David Gray is a disillusioned surgeon approaching retirement. One night, on the way home from an emergency aneurysm repair, he has a car crash and meets the spirit of the patient he's just operated on — a man called Alf Angel.

Alf, a simple and straightforward character, becomes Gray's guardian and travelling companion on a fantastic journey through time. They visit scenes from Gray's formative years as a young medic, before moving further back in time to learn something of the early trials and tribulations of scientific surgery.

Through it all, Gray earnestly seeks the worth of his calling as a doctor and surgeon and ultimately, the nature and meaning of life itself.

Dead Medics' Society is a short novella told in a tongue-in-cheek style using a mixture of amusing whimsy and, at times, profound insight into the minds of men who wield scalpels for a living. Although this short tale is clearly fiction, the historical figures and operations depicted are real, though the characterisation is down to poetic licence. Read it and wonder.



Paperback

ISBN: 978-1-903378-29-8

164pp; 149mm x 210mm

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GBP £11.95

USD \$21.95

EUR € 20

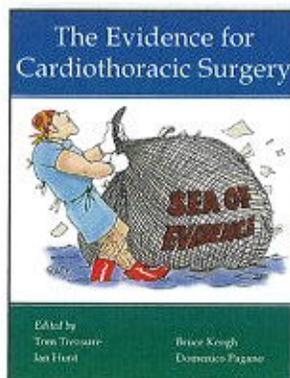
Take Control!

Insights into Irritable Bowel Syndrome

Christine P. Dancy PhD *Professor of Psychology at the University of East London, London, UK*
Claire L. Rutter PhD *Psychologist, London, UK*

This book approaches IBS from a new and exciting viewpoint — that of coping with IBS using concepts and skills based on the individual's own psychological profile. Although we know more about IBS than ever before, medical treatment alone is ineffective for many people with IBS, who are often left to cope with IBS as best they can. This book discusses the intricate way in which the mind/brain and body interact, in producing a different "IBS experience" for each person. As well as covering more traditional areas such as stress, anxiety and depression, the authors discuss the ways in which a chronic illness such as IBS might affect memory and IQ. The role of shame and embarrassment, attitudes and beliefs, are also discussed in relation to chronic illness in general and IBS in particular.

The book will be invaluable to anyone suffering from IBS (or their friends and relatives!), to gain a greater insight into this embarrassing and painful condition. It shows how sufferers can reduce the impact which their symptoms have on their day-to-day lives. Doctors, nurses and other health professionals will gain a greater understanding of this disorder, as complex psychological constructs are explained simply and with the aid of diagrams, questionnaires, and summaries of the latest research relating to chronic illness. The different ways people experience IBS are illustrated by accounts given by people suffering from the illness.



Hardback

ISBN: 978-1-903378-20-5
354pp; 210mm x 270mm
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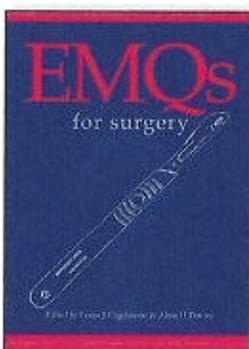
USD \$75

EUR € 60

The Evidence for Cardiothoracic Surgery

Tom Treasure MD MS FRCS *Professor of Cardiothoracic Surgery, Guy's & St Thomas's Hospitals, London, UK*, **Bruce Keogh KBE BSc MD FRCS FESC FETCS** *Professor of Cardiothoracic Surgery, University of East London, London, UK*, **Ian Hunt MRCS SpR Cardiothoracic Surgery, Guy's & St Thomas's Hospitals, London, UK, **Domenico Pagano MD (Naples) MD (Birmingham) FRCS (Eng-C-Th) FETCS FESC** *Consultant Cardiothoracic Surgeon, The Queen Elizabeth Hospital, Birmingham, UK***

Evidence-based medicine — or "EBM" which slips off the tongue more readily — seeks to offer proof that what we offer patients whenever we treat them is known to be effective. Fifty to 100 years ago, health care was delivered patchily, much less of it was effective, and was based on an image of a kindly and well intentioned doctor treating his sick patient, who was glad of whatever help could be offered. Now, medicine is effective and whether you look at it as major government expense or big business in private health care insurance, there is no sense in spending money on ineffective treatments, while at the same time we do not have enough to spend on treatments of proven worth. Individual doctors cannot read everything that is published and cannot possibly synthesise what they do read, so that they are not always aware of what is proven to be effective and what probably is not. "The Evidence for ..." series seeks to fill that need. In "The Evidence for Cardiothoracic Surgery" we have commissioned systematic reviews of the common operations and some innovative treatments, to present the facts to busy doctors. Where is there and where is there not evidence?



Paperback

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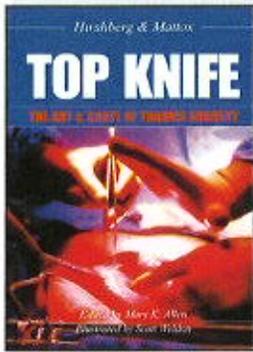
EUR € 42

EMQs for surgery

Louis Fligelstone MB BCh MD FRCS (Eng) FRCS (Gen) *Consultant Surgeon, Morriston Hospital, Swansea, UK*, **Alun H. Davies MA DM FRCS** *Reader and Consultant Surgeon, Charing Cross Hospital & Imperial College, London, UK*

The assessment of medical knowledge is evolving and Extended Matching Questions (EMQs) are fast becoming one of the preferred structured question assessment of how well medical knowledge is applied in the clinical setting. The editors have enlisted the help of specialists in all relevant clinical specialties to create a bank of questions typical of the assessment of candidates in postgraduate examinations such as the MRCS/FRCS in the United Kingdom.

It is likely that the Board Exams in the United States may follow and the question structure is of considerable help in self assessment at all levels.



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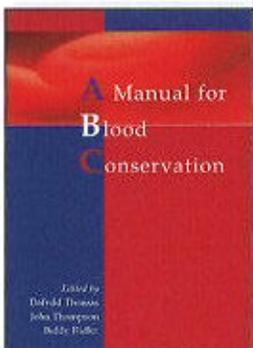
EUR € 42

TOP KNIFE: The Art & Craft of Trauma Surgery

Asher Hirshberg MD FACS Associate Professor, *Michael E. DeBakey Department of Surgery, Baylor College of Medicine. Director of Vascular Surgery, Chief, Blue Surgery Service, Ben Taub General Hospital, Houston, Texas, USA*, **Kenneth L. Mattox MD FACS** Professor and Vice Chair, *Michael E. DeBakey Department of Surgery, Baylor College of Medicine, Chief of Staff, Chief of Surgery, Ben Taub General Hospital, Houston, Texas, USA*

This book will help you take a badly wounded patient to the operating room, organize yourself and your team, do battle with some vicious injuries and come out with the best possible result. It is a practical guide to operative trauma surgery for residents and registrars, for general surgeons with an interest in trauma, and for isolated surgeons operating on wounded patients in military, rural or humanitarian settings. A surgical atlas may show you what to do with your hands — but not how to think, plan and improvise. Here you will find practical advice on how to use your head as well as your hands when operating on a massively bleeding trauma patient.

The first part of this book presents some general principles of trauma surgery. The second part is about trauma surgery as a contact sport. Here we show you how to deal with specific injuries to the abdomen, chest, neck and peripheral vessels. The single most important lesson we hope you will derive from this book is to always keep it simple — because, in trauma surgery, the simple stuff works.



Paperback

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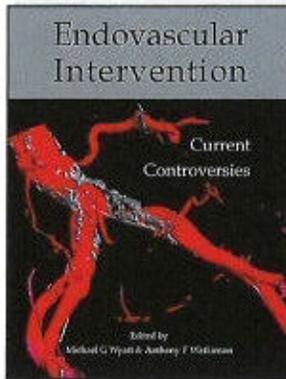
A Manual for Blood Conservation

Dafydd Thomas MB ChB FRCA Consultant Anaesthetist, *Morrison Hospital, Swansea, UK*, **John Thompson MS FRCSed FRCS** Consultant Surgeon, **Biddy Ridler MB ChB** Blood Conservation Officer, *Royal Devon and Exeter Hospitals, Exeter, UK*

Blood conservation has moved up the political and medical agenda. What was once a backwater of research is now a high priority area for doctors, patients and even governments as evidenced by national directives issued over recent years. HIV, Hepatitis and new agents such as West Nile Virus and Variant CJD have created anxiety among providers and recipients of blood transfusions.

Topics include: practicalities and tips — how to do it; the laboratory perspective — how we do it; setting up a cell salvage service; the role of the transfusion specialist; surgical and anaesthetic techniques to reduce blood transfusion; legal aspects and risk management; managing patients who refuse transfusion; audit and education.

For those who are keen to upgrade the service they offer, this concise manual provides essential information, drawn from years of practical experience in busy hospitals. Save money for your hospital, improve outcomes and comply with the latest standards: buy this unique book.



Endovascular Intervention: Current Controversies

Michael G. Wyatt MSc MD FRCS *Consultant Vascular Surgeon, Northern Vascular Centre, Freeman Hospital, Newcastle-upon-Tyne, UK*, **Anthony F. Watkinson BSc MSc (Oxon) FRCS FRCR** *Consultant Radiologist, The Royal Devon and Exeter Hospital, Exeter, UK*

The endovascular specialist has arrived. Times are changing and it is vital for all those interested in endovascular intervention to train in, and embrace, these new technologies.

The chapters in this book have all been written by carefully selected internationally renowned endovascular specialists. Each author is at the cutting edge of the endovascular revolution and they are the architects of change in the treatment of vascular disease. The topics have been chosen to reflect the multidisciplinary nature of modern endovascular practice. None are specialty-based and will appeal to surgeons, radiologists, cardiologists and all practitioners involved in the endovascular management of vascular disease.

The management of aortic, thoracic, carotid, mesenteric and venous disease is changing. This book is designed to update you on these developments and to encourage you to participate in this exciting phase in the treatment of patients with vascular disease. Enjoy the read.

Paperback

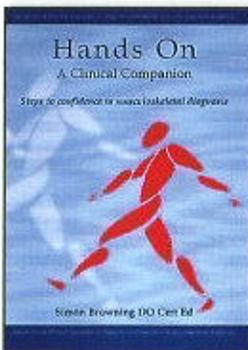
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312pp; 210mm x 270mm
July 2004

Retail price:

GBP £30

USD \$55

EUR € 50



Hands On: A Clinical Companion Steps to confidence in musculoskeletal diagnosis

Simon Browning DO Cert Ed *Osteopath, Lecturer and Clinic Supervisor, London School of Osteopathy, London, UK*

This pocket-sized book is invaluable assistance to the busy orthopaedic medical practitioner, osteopath, physiotherapist or chiropractor in the difficult process of diagnosing musculoskeletal injuries or disorders. The companion is designed to help in making the diagnosis by drawing together into one place information from a wide range of medical, orthopaedic and anatomical textbooks. The companion is equally useful as an aide-memoire in the busy clinic or, as a learning tool to identify areas for detailed study in the practitioner's individual programme of continued professional development.

The companion is divided into three sections. The first covers the initial case history, red flag issues and physical assessment or evaluation of the patient. Each chapter in the second section focuses upon an individual joint, functional unit or area, giving an outline of the anatomy; the pathological conditions, with the commonest ones tabled for easy differential diagnosis; the expected normal active and passive ranges of joint movement; and a selection of common orthopaedic tests. The final section is an overview of symptoms with which a patient may present that could originate from neurological, rheumatological or systemic disease processes.

Paperback

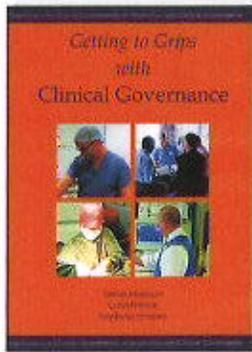
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Paperback

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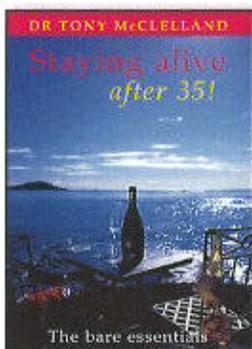
Getting to Grips with Clinical Governance

Simon C.W. Harrison MA MChir FRCS *Consultant Urologist*, **Colin T.S. Pollock** *Director of Public Health*, **Stephanie J. Symons MRCS AFRCSI** *Urology Research Fellow, Pinderfields General Hospital, Wakefield, UK*

The launch of clinical governance in the late 1990s was accompanied by a measure of excitement although, at that stage, it was impossible to determine whether this was really to be the start of a quality-driven revolution in healthcare. Since its inception, much has been done to turn the concepts behind clinical governance into practical reality. Have these efforts been successful? Many would argue that the jury is still out.

The authors have approached the topic from the diverse backgrounds offered by urological surgery, general practice and public health medicine. The result is a commentary on the evolution of clinical governance that has the firm anchors of practicality and realism.

The book looks at clinical governance from the perspective of the practising clinician and explains what clinical governance has to offer them. Doctors, nurses, therapists and managers should all find something of interest and practical value within these pages.



Paperback

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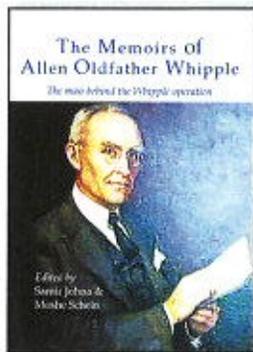
Staying alive after 35 – the bare essentials

Tony McClelland MBBCH FCP FRACP *Clinical Head, Acute Medicine, Middlemore Hospital, Auckland, New Zealand*

This remarkable book is long overdue. It provides the insights essential for the lay reader to take personal control of their long-term health, and physical and emotional well-being. It empowers and educates the non-doctor like no book before it.

The complexities and limitations of both modern medicine and alternative therapies, are explained in a way that is entertaining and easy to understand. More importantly however, the book provides access to state-of-the-art advice, not only for effective diet and weight control, but also for side-stepping Syndrome X and the other common serious illnesses, that confront all of us in the new millennium. Using a patient-centred and evidence-based approach, it reflects the dramatic changes in the way medical care will be delivered in the future, i.e. as an equal and mutually respectful partnership between well-informed patient and hopefully, well-informed doctor.

Although written to provide the perfect medical advice manual for the lay public, the book is an excellent source of current medical knowledge, relating to the common diseases, and provokes and challenges in such a way, that would expect it to be widely read by the profession at large.



Paperback

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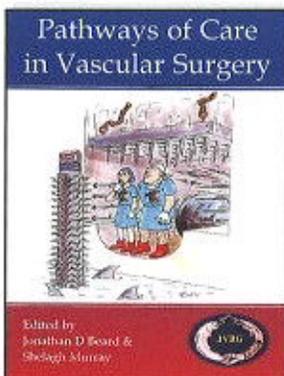
The Memoirs of Allen Oldfather Whipple

The man behind the Whipple operation

Samir Johna MD FACS Assistant Professor of Surgery, Loma Linda University School of Medicine, California, USA, **Moshe Schein MD FACS FCS (SA)** Professor of Surgery, Cornell University Medical College & Bronx Lebanon Hospital, New York, USA

To the abdominal surgeon a first successful Whipple procedure is what a first combat mission is to the fighter pilot: a symbol of competence — the fruits of prolonged training. Not many surgeons have managed to incorporate their names into a commonly used eponym; Allen Whipple did and so became immortalized as a household name to surgeons worldwide.

Yet, little has been known and written about Whipple, the great American surgeon — the person and his other interests. This book is an edited version of Whipple's previously unpublished memories. In these pages the retired Whipple describes the journey of his life from the very beginning in Persia, where he was born, to the very end in New Jersey where he died. He provides snap shots of himself, his family and friends, his colleagues, and the changing times in which he lived.



Paperback

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Pathways of Care in Vascular Surgery

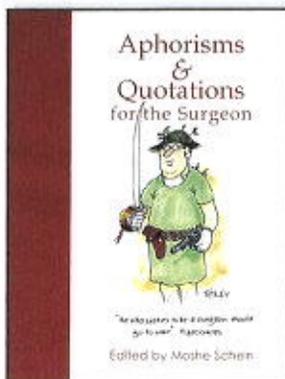
Jonathan D. Beard MB BS BSc ChM FRCS Consultant Vascular Surgeon, The Northern General Hospital, Sheffield, UK, **Shelagh Murray RGN BSc (Hons)** Senior Clinical Nurse, St. George's Hospital, London, UK

This book describes recent developments and best practice in vascular surgery, with an emphasis on multi-disciplinary care pathways. Many disciplines have contributed to this book including vascular surgeons, anaesthetists, radiologists, nurses and vascular technologists. Sections include the main areas of management of patients with peripheral vascular disease:

- Outpatients and medical management
- Vascular imaging and endovascular intervention
- Vascular surgery
- Anaesthesia and theatres
- Organisational aspects of care

The book focuses on the most important aspects of care and each chapter describes a care pathway based on pragmatism and the evidence, where available, and uses a new classification for grading evidence and recommendations.

Pathways of Care in Vascular Surgery is essential reading for all those involved in the care of patients with peripheral arterial and venous disease.



Aphorisms & Quotations for the Surgeon

Moshe Schein MD FACS FCS (SA) *Professor of Surgery, Cornell University Medical College & Bronx Lebanon Hospital, New York, USA*

This book brings together a medley of over 1500 aphorisms, quotations, and rules — by surgeons and non-surgeons — about surgery, surgeons and anything which may be relevant to the practice of surgery.

It should gratify all potential tastes as the book includes ancient as well as contemporary entries, formal and colloquial, pronounced by surgical giants or anonymous — only guided by the prerequisite that the entry appeals to the surgical soul.

Readers will probably use this book to decorate their lectures or manuscripts with relevant smart or entertaining entries. Most of all this book will simply be read or browsed for pleasure: the reader will enjoy many of the entries, and will discover that surgical truth is old, that what is thought a novel idea has been said before; that what is seen was seen many years ago.

Hardback

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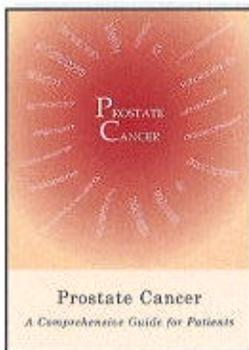
September 2002

Retail price:

GBP £30

USD \$45

EUR € 50



Prostate Cancer A Comprehensive Guide for Patients

Jane Smith BSc (Hons) *Medical Editor and Writer, Bristol, UK*, **Raj Persad ChM FRCS FRCS(Urol) FEBU** *Consultant Urological Surgeon, Bristol Royal Infirmary and the Bristol Urological Institute, Southmead Hospital, Bristol*, **Kieran Jefferson MA FRCS** *Specialist Registrar, Urology, Royal United Hospital, Bath*, **Biral Patel MB ChB MRCS** *Specialist Registrar in Urology, Torbay Hospital, Devon, UK*

Although prostate cancer is rare in men before the age of 40, it may be present in 20% of men by the age of 50 and in about 80% by the age of 80. However, in many cases it does not cause any symptoms and remains clinically undetected, with death occurring due to other, unrelated, causes. Most prostate cancers are quite slow growing, although in some men — for reasons that remain unclear — they can progress more rapidly.

The causes of prostate cancer are not yet understood, but it is known to have an ethnic association. There is also evidence that it has a genetic basis — men with a first-degree relative with prostate cancer being at greater than normal risk of developing the disease.

This book provides up-to-date, clear explanations of what is currently known about prostate cancer. It describes the treatments that are available, as well as the different types of complementary therapies, and discusses possible risk factors and the potential role of diet in the development of the disease.

Paperback

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112pp; 149mm x 210mm

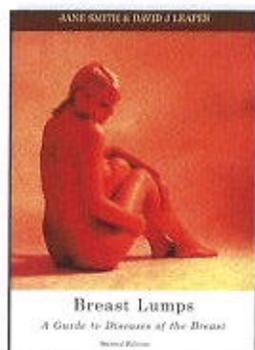
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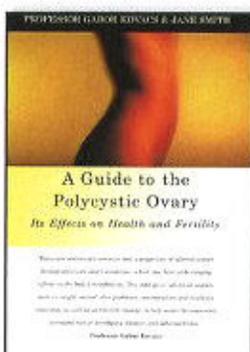
EUR € 17

Breast Lumps A Guide to Diseases of the Breast

Jane Smith BSc (Hons) Medical Editor and Writer, Bristol, UK, David J Leaper MD ChM FRCS FACS Professor of Surgery, Professorial Unit of Surgery, University Hospital of North Tees, University of Newcastle-upon-Tyne, Stockton-on-Tees, UK

This new edition of *Breast Lumps* (which was first published in 1994) provides updated information on both benign breast conditions and breast cancer. The book has been substantially revised, particularly with regard to the changes that have occurred in the treatment of breast cancer during the last few years. It includes details of the recently introduced guidelines for breast cancer treatment in the UK and discusses all aspects of the management of breast lumps and the ways in which this differs in the UK and USA.

It is vital that women are involved in the decisions made about their health and it is therefore important that they have access to as much information as possible to enable them to make the choices that are right for them. It is hoped that this second edition of *Breast Lumps* will help women, their families and carers to have a clear understanding of the various breast conditions and that it will clarify specific aspects that women may want to raise with their doctors and/or breast care nurses.



Paperback

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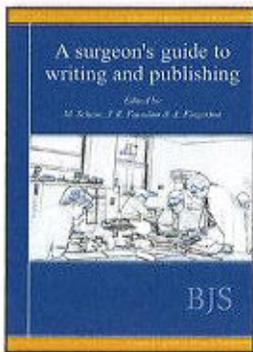
EUR € 17

A Guide to the Polycystic Ovary Its Effects on Health and Fertility

Professor Gabor Kovacs MD FRCOG FRACOG CREI Division of Obstetrics and Gynaecology at Monash University, Box Hill Hospital, Melbourne, Australia, Jane Smith BSc (Hons) Medical Editor and Writer, Bristol, UK

Several studies have looked at populations of volunteers, women from the electoral roll and women attending general practices, and have reported the ultrasound appearance of polycystic ovaries in as many as one in three to one in five. If groups of women with irregular periods are looked at, up to 90% will have polycystic ovaries at ultrasound. Similarly, when women with increased facial and body hair are screened, about 90% will have polycystic ovaries, as will three out of four women with acne. It has also been suggested by some studies that women with recurrent miscarriage or early pregnancy loss after in-vitro fertilization have an increased incidence of polycystic ovaries.

However, not all studies support this hypothesis, and additional research is needed to evaluate this further. This book looks at the historical background of this condition; the structure and function of the female genital organs; symptoms and signs; diagnostic techniques; the inheritance of polycystic ovary syndrome; long-term effects; lifestyle factors; polycystic ovaries and the skin; ovulation induction; surgical treatment to induce ovulation; in-vitro fertilization; pregnancy outcomes.



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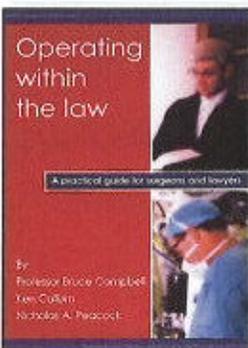
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