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New Titles

**Mindfulness and Meditation at University - 10 Years of the Munich Model**
Andreas de Bruin

Why should mindfulness and meditation be taught at universities? What impact could the establishment of such programs have on students and on the education system itself? Andreas de Bruin showcases the remarkable results of the first ten years of the Munich Model "Mindfulness and Meditation in a University Context" - a program started in the year 2010 in which 2000 students have already participated. Through meditation-journal entries featured in the book, students describe the effects of mindfulness and meditation on their studies and in their daily lives. In addition to an overview of cutting-edge research into mindfulness and meditation, along with in-depth analyses and explanations of key terms, the book also contains numerous practical exercises with instructions.

PB 9783837656961 £22.99 April 2021 Transcript Verlag 216 pages

**Sacred Actions - Living the Wheel of the Year through Earth-Centered Sustainable Practices**
Dana O'Driscoll

A challenge that many pagans and Earth-based spiritual practitioners face is how to integrate sustainable living with our everyday lives. By offering a vision of sacred actions or the integration of sustainable living with Earth-based spirituality, learn how to combine the three ethics: people care, earth care, and fair share, to execute comprehensive sustainable living through the lens of paganism. Find a wide variety of accessible sustainable-living activities, rituals, stories, and tools framed through the neopaganism eightfold Wheel of the Year. Each chapter is tied to one of the eight holidays, offering specific themes that deepen topics, including home and hearth, lawns and gardens, food and nourishment, ritual items, and offerings, reducing waste and addressing materialism, and much more. Consider this your manual of personal empowerment through sustainability as a spiritual practice.

PB 9780764361531 £18.99 May 2021 Schiffer Publishing, Ltd. 240 pages

**Learn How to Become a 21st Century Reiki Master**
Steve Murray

Always wanted to become a Reiki Healer, but did not have the money or maybe the time for Reiki Classes? Or you are a Reiki Healer and want to learn 21st Century Reiki healing. If so, this Reiki DVD is for you. Twenty-five years experienced bestselling author and Reiki Master Steve performs and gives step by step instructions for a 21st Century reiki healing for yourself, Reiki for another person and a Reiki long distance healing. He also performs and gives step by step instructions for giving the 21st century Reiki first, second and Master Attunements on students. Plus, Steve explains why he updated his Reiki Teachings for the 21st century and why they are more powerful and effective. Watch and study the video, and learn how to become a 21st Century Reiki Healer.

About the Author: Over the last 25 years Steve has trained and certified thousands of students around the world in his Reiki Healing, Psychic and Contact Spirits Certification programs. He has taught and attuned Reiki to over 350,000 students globally with his books and DVDs! Steve’s first best-selling book, Reiki: The Ultimate Guide, was published over 23 years ago. Since then, he has published over 65 self-help healing titles, including books, DVDs, CDs. As a side note, he also developed cancer imagery programs that have been used in cancer hospitals and outpatient clinics throughout the country.

DVD 9780990446880 £16.99 June 2021 Body & Mind Productions

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Astrology

Traveling by the Stars - Have the Best Trip Possible Using Astrology!
Christine Rakela

Now you can be armed with an easy and fun strategy using astrology that can make your trip a success! With this enlightening, informative book for people interested in the stars, as well as travellers around the world, you can use the basics of astrology to have a great trip without worrying about traveling disasters. You can read about a travel strategy, then be entertained by your Sun sign and star compatibility while traveling. This new perspective explains why some trips go awry, and how you can avoid certain days where the astrological influences are not supportive of taking a trip, whether it is locally or overseas. Find the optimal times to thoroughly enjoy your trip and avoid the adverse travel times that cause delays, problems, and accidents which could lead to a disastrous experience. Knowing which days to travel can be your invitation to pack your bags and have a great time!

PB 9780764361777 £18.99 July 2021 Schiffer Publishing, Ltd. 192 pages

Clairvoyance & Precognition

The Ra Material - Book One: An Ancient Astronaut Speaks
Elkins, Rueckert, & McCarty

Who are the ancient astronauts? Why did they first come to Earth? Why are they returning now? What part did they play in building the great monuments of antiquity? What part did they play in the formation of present and earlier civilizations? With what other beings do we share our universe? And where does the Earth fit into the cosmic scheme of things? Almost twenty years of experimental work with telepathy led to the "breakthrough" contact recorded in this book.


The Ra Material - Book Two
Elkins, Rueckert, & McCarty

In Book Two of The Law of One, the nature of each of the densities or dimensions of this octave of creation is explored in detail with special emphasis given to how evolution for our third density to the fourth density is accomplished. The relationship between the densities of creation and the energy centres of the body is investigated so that each experience can be used as catalyst for growth to balance and crystallize the energy centres of chakras of the student of evolution. Book Two contains Sessions #27 through #50.

PB 9780924608094 £11.99 January 2021 Schiffer Publishing, Ltd. 136 pages

The Ra Material - Book Three
Elkins, Rueckert, & McCarty

Book Three of the Law of One builds on the information presented in Books One and Two, continuing the exploration of the nature and balancing of the energy centres or chakras, sexual energy transfers, healing, reincarnation, meditation, and Wanderers. The nature of psychic prophecy is explored in Book Three, as are the nature and ramifications of what are usually called psychic attacks. A good deal of information is given on the principles of ritual magic in general and white magic in particular, and a beginning is made in the study of the archetypical mind, which is the mind of the Logos and serves as a kind of blueprint for our evolutionary process and which serves as the foundation concept for each of our individual minds.

PB 9780924608087 £13.99 January 2021 Schiffer Publishing, Ltd. 192 pages
The Ra Material - Book Four
Elkins, Rueckert, & McCarty

Book Four of the Law of One is the last of the books in the Law of One series. Book Four explores in great detail the archetypical mind which is the framework provided by our Logos or sun body to aid each of us in the evolution of mind, body, and spirit. Tarot, astrology, and ritual magic are three paths offering the study of the archetypical mind, and in Book Four a study of that rich resource is undertaken using the tarot, also uncovered on the nature and purpose of the veil that we experience between the conscious and the unconscious minds and the process of “forgetting” that occurs during each incarnation in our third-density experience. In Book Four the path of the adept becomes clearer as Ra elucidates the adept's use of experience to balance its energy centres and penetrate the veil of forgetting.


The Ra Material - Book Five: Personal Material-Fragments Omitted from the First Four Books
Jim McCarty

Book Five of The Law of One is comprised of the 56 fragments of personal material that were originally omitted from the first four books of this series. Both Jim, the scribe, and Carla, the instrument for the Ra contact, have added their comments to these fragments to give the reader an idea of what it was like to be part of this contact and to show how every person’s experience can be used for personal growth and service to others. A wide variety of topics is covered, from Eisenhower’s meeting with extra-terrestrials in 1954 to UFO/government conspiracies, Wanderers, sexual energy transfers, anger, balancing, Aleister Crowley, the Tunguska crater in Russia, pre-incarnate choices, psychic greetings, alternate and orthodox healing modalities, the ball lightning phenomenon, and the many facets of the spiritual journey in general.

PB 9780924608216 £11.99 January 2021 Schiffer Publishing, Ltd. 208 pages

Complementary Therapies

The Intuitive Adventure - The Magic of Following Where Your Soul Leads
Natalie O'Brien, Shannon Cox

Now you can heal your past and reconnect with your soul with this light and airy intuitive tool kit that takes advantage of opportunities right in front of you to guide you deeper toward your true desires. This beautifully illustrated book reveals ways for you to playfully manifest what you truly want and need into your daily life or business.

You will learn to reach unknown powers of the universe, develop your own untapped talents, and master over 60 basic skills that will get you on the road to interacting with your intuitive soul. Filled with tips and steps to enhance or heal your relationships, interpret messages, and lead you through life on a positive journey, this book will help you find simple aids to start a healthy life. Includes placing your intentions, body swaying, cleansing your chakras, feeling your energy, love strands, shifting bad moods, sexual connections, crystals, angels, shadow work, and much more.

About the Author: Shannon Cox, an Australian mother and business owner, was diagnosed with a stress disorder in 2013, leaving her unable to walk. With no medical solutions, she discovered alternative ways to help her recover the full use of her mind, body, and soul. Natalie O'Brien helps people embrace growth, change, and soul expansion, but what she is truly passionate about is people living their authentic truth in the world.

PB 9780764361937 £15.99 August 2021 Schiffer Publishing, Ltd. 176 pages
Health through Your Eyes - Understand and Use Iridology
Julien Allaire

The World Health Organization defines health as "a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity. But illness has meaning and can express mineral or vitamin deficiencies, inherited or acquired weakness, or the location of toxins in the system. An approach focused on treating them doesn't cure the pathology that caused them, and they can show up in another manner. Iridology is a method of examining the iris, the coloured portion of the eye, to establish an assessment of health and vitality. By analysing the colour, the texture, and the pigmentation of the iris, we can determine inherited and genetic predispositions toward certain illnesses. Iridology can contribute to the well-being of the person by treating the origins of the symptoms. Observing the body's needs through the panoramic view of the iris, you can take care of your health in a simple and efficient manner. Discover the benefits of iridology.

PB 9780764360725 £18.99 January 2021 Schiffer Publishing, Ltd. 160 pages

Healing with Shirdi Sai Baba
Nandini Dhanani

This work is penned by the author through automatic writing. Nandini took to automatic writing with the grace of her Spiritual Guru Baba Hiral Shah. This is a book of teachings, leela’s and daily pearls of wisdom. This book is a direct benevolence of Shirdi Sai Baba and reading this book will help those looking for guidance and enlightenment.

PB 9788194777274 £5.99 March 2021 Sterling Publishers Pvt Ltd 212 pages

A Comprehensive Guide to Kundalini and Chakra Yog
Vishal Dwivedi

This book is about realising the core of life -- the energy which governs us to live, think, enact, and react. The aim is to realise these energies and find the best alternatives for further growth. In Sanskrit, these confluence points are called chakras (wheels). In totality, a human body has 114 chakras -- 7 major chakras, 21 minor chakras and 86 micro chakras. 108 of them (including the 7 major ones) are more-or-less aimed towards the societal life and 6 of them towards the initial path of treading into the spiritual world. Undoubtedly, a chakra is an energy centre. It is also a centre which coordinates the flow of energy within the body, thereby transmitting the energy to various organs and other confluence points -- the other chakras. The unblocking of chakras is very crucial, rather it is paramount. The role of each chakra is important and its activation is equally significant.

Undoubtedly, a chakra is an energy centre. It is also a centre which coordinates the flow of energy within the body, thereby transmitting the energy to various organs and other confluence points -- the other chakras. The unblocking of chakras is very crucial, rather it is paramount. The role of each chakra is important and its activation is equally significant. The first step towards realising and opening up of the powerhouse kundalini, is to balance the chakras in the body. Kundalini power is the ultimate power which can be attained by virtue of yog. Practicing yog postures, reciting mantras (in their correct texture, frequency, and wavelengths), and breathing exercises are the most suitable ways to prepare body for the release of this energy. As is well-known, human body is made up of five elements, namely fire, ether, air, earth, and water. Having an understanding of these five elements is primal before taking up yog or further advancing to the level of kundalini yog. The present book focuses on 7 popular chakras, namely root chakra, solar plexus, sacral chakra, heart chakra, throat chakra, third eye chakra and the crown chakra.

About the Author: Dr. Vishal Dwivedi is a practicing psychologist with Ph.D. in Psychology and Masters in Yoga.

HB 9788177085235 £44.99 June 2021 New Century Publications 192 pages
The Knight - A Jungian Healing Journey
J Marvin Spiegelman, Ph.D.

The Knight, A Jungian Healing Journey is written in the style of Psycho-Mythology, a creative kind of union between fiction and psychological fact. Psycho-Mythology is a literature in which an individual’s fantasy transcends the personal level, reaching the collective unconscious. Spiegelman had used Jung’s method of inner dialogue and Active Imagination for fourteen years, when one day there was a quantum jump for him, and as he put it: The work was no longer merely for my own enlightenment and development, but suddenly took on the possibility of social usefulness. Henry Miller (1891-1980) the author of Tropic of Cancer and numerous other works of major stature, felt: It is the quintessence of all one’s spiritual experiences. Israel Regardie (1907-1985) the western world’s foremost authority on higher consciousness states: Spiegelman deals symbolically with the process of individuation, the growth to be ONESELF, the movement Godward.

About the Author: J Marvin Spiegelman has a Ph.D. from UCLA and is a Diplomate in clinical psychology, American Board of Professional Psychology. He is a graduate of the C. G. Jung Institute in Zurich, Switzerland and has taught at UCLA, USC, and the Hebrew University in Jerusalem. He is the author, co-author, and editor of many books. He has a private practice as a Jungian analyst in Studio City, California.

PB 9781561845545 £17.99 November 2021 New Falcon Publications 104 pages

Awake - A Journal, a Guide, a Retreat, a Friend
Evan Sutter

We all have the conditions to be happy right now! Take the first step with Awake: A Journal, a Guide, a Retreat, a Friend, which is packed with thought-provoking content and actionable practices that inspire ultimate happiness and achievement. Four key foundations - Exploration, Know Yourself, Meaning, and Presence - blend relevant philosophy and positive psychology. All this, along with powerful self-development practices and engaging reflections, boost well-being, creativity, and self-compassion, while easing stress and anxiety to drive you toward peak performance.

Awake features over 20 practices such as the Curiosity Challenge, Daily Gratitude, Mindful Meditations, 7 Ways to Let Go, and many more. In addition, guided meditations, self-discovery investigations, mindfulness colouring exercises, and motivational quotes plus tips will allow you to flourish. This is all packed into a beautifully designed, easy-to-use, personal journal that you can take anywhere.

PB 9780764361760 £13.99 October 2021 Schiffer Publishing, Ltd. 160 pages

Manifesting - Using Thought Forms to Visualize Real Change
Von Braschler

Use thought power to manifest real change in your life and create a better reality! Everyone sends thought forms, but these forms are generally sent without focus and intent, scattered to the four winds with little impact. Now you can communicate effectively with techniques showing how to manage these forms in your life by controlling your consciousness. Learn the missing steps to creative visualization to enable you to focus your thought power into impactful energy forms and target your thoughts to draw lost people, pets, and objects to you. Find out how to use telepathy to communicate effectively through easy exercises in yoga meditation and practice remote viewing, learn time travel, and heal with your thoughts by targeting your intent for effectiveness. Create thought forms to cover many facets of daily living, including those to heal the self and others.

PB 9780764361715 £15.99 August 2021 Schiffer Publishing, Ltd. 168 pages
The Original Frontier - A Serious Seeker's Guide to Zen
Michael Elliston

Throw open the gate to the original frontier of your creative mind discovered by Buddha, handed down to successive generations through India, China, and Japan, and now to America, in this age of increasing uncertainty. A new, refreshing approach lays out the ancient secrets of the irreducibly simple method of Zen meditation, in easily accessible terms and digestible bites. Ranging from how Zen differs from popular meditations, to designing a contemporary Zen life, and including workarounds for all your excuses. Based on sound principles of direct sensory immersion, simply sitting still enough for long enough, this user’s manual for Zen is presented step by step, encompassing personal dimensions of practice, as well as social implications for yourself and others. Zen enables you to embrace ambiguity in daily life, and to enjoy benefits to your health and happiness. Zen is always contemporary and holds the key to surviving, and thriving, in trying times.

About the Author: A creative thinker, fine artist, and teacher, Michael Elliston is ordained as a transmitted Zen priest. He is founder of the Atlanta Soto Zen Center, and the Silent Thunder Order, a network of Zen centres in the US and Canada. He has studied Zen since 1966.

HB 9780764360886 £27.99 April 2021 Schiffer Publishing, Ltd. 256 pages

The Self
Quest for Meaning in a Changing World
Renate Daniel

Whoever engages in C.G. Jung’s concept of the self will be confronted with questions relating to humanity, and concepts of God, the divine and faith. Jung deems it necessary to treat these topics on a psychological level because of the far-reaching implications they have on the way we live and relate to each other. But they also impact on ethical attitudes, ideologies, social processes, and therapeutic models. Scientific evidence usually proves difficult. A certain open-mindedness towards this topic is expected on the part of the reader, and it would be helpful to embrace the ideas put forward ‘without prejudice’ for the moment. This book aims to help readers become more aware of their own ideas and convictions and how these may influence one’s self-image and worldview.

About the Author: Renate Daniel, M.D., a specialist in psychiatry, psychotherapy and psychoanalysis and Director of Programs at the C.G. Jung Institute in Zurich, has been a psychotherapist in private practice for many years. She is the author of Taking the Fear Out of the Night – Coping with Nightmares (2016), as well as numerous published articles.

PB 9783856307813 £26.99 January 2021 Daimon Verlag 164 pages

Divination

Ultimate Divination - The Way of the Secret Lover
Lon Milo DuQuette, Christopher S Hyatt

This book offers the student of Western Tantra the knowledge and inner truth that has been hidden from us since conception. This is a new and expanded edition wherein you will find a wealth of practical and passionate Tantric techniques utilising the archetypal images of Tarot. Nothing is held back. All of the methods are explicit and clearly described. Each of us has a Guardian Angel -- a companion and lover who waits just behind the images that flood our minds during sleep or reverie. A protector and guide who disguises as the individual with whom we fall in love; an ideal lover who has adored us since the beginning of our individual existence and who will never abandon us until the instant, we merge our being into Absolute Godhead. -- From the book

PB 9781561845446 £27.99 April 2021 New Falcon Publications 208 pages
Feng Shui

Vaastu
The Art and Science of Living
Ashwini Kumar

Vaastu Shastra is the art and science of living a happy and contented long life. In the modern-day world of high-speed technology, many diseases are arising out of faulty lifestyles. Classical principles of Vaastu Shastra describe the ancient way of living which need modifications in the present-day context. This book is an intelligent amalgamation of the ancient practice of Vaastu living and modern technologies of house building and architecture. It offers an introduction to Vaastu Shastra, systematising and standardising its techniques and methodologies. The book has been divided into three sections.

The first section has been devoted to the understanding of the key concepts, principles, and forces of Vaastu that exert an influence on any given space. The second section of the book reveals how to create heaven on earth; right in your home. It shows how we can achieve internal peace by first achieving external peace in the house. The third section is related to the day-to-day use of Vaastu. One chapter has been devoted to Vaastu of workplace which, in many aspects, is different from residential Vaastu.

This book has been written according to the established principles of Vedic Astrology; an inevitable part of Vaastu Shastra. The effect of the nine planets is considered in Astrology while mainly the effect of planet earth is taken in Vaastu. Astrology depends on dashas (Planetary Periods) while Vaastu depends on dishas (Directions), Jyotish assumes the existence of Kaal Purush (Time Personified) while Vaastu assumes the existence of Vaastu Purush (Space Personified). The book incorporates current knowledge of building science to explain the ancient wisdom of Vaastu Shastra only to bridge the gap between ancient traditions and modern way of thinking. No attempt has been made to transgress into the other parallel systems known as Feng Shui and Pyramidology, which require totally separate study.

The work is meant primarily for those who want to learn Vaastu from the very beginning and pursue it seriously in a scientific manner. The book will also serve as a stepping-stone for those who intend to indulge in hitherto unexplored areas of Vaastu Shastra like suitability of certain directions for certain activities, hidden meanings of Vaastu Purush; forty-five demigods; ten dikpalas; three energies and Panchmahabhootas, predicting the fate of a house and its inhabitants through Vaastu kala, etc.

PB 9788120725690 £14.99 March 2021 Sterling Publishers Pvt Ltd 364 pages

Tantra Vaastu
Dr. N. H. Sahasrabuddhe

The right reflection of Tantra can be in three words as Mystika, Medika and Magika. Mystika is the unknown energy that creates the play on the known platform. This unknown energy showers blessings when a perfect sequence of vibrations, waves, sound, and light happens.

Medika is the change in the chemistry of that organisation by using organic components to relieve the pain. Magika is when the plane of the effect of Tantra is totally different from the level and placement of the process. Hence Tantra Vaastu can be said to be Vaastu: Mystika–Medika–Magika.

PB 9788195082407 £14.99 March 2021 Sterling Publishers Pvt Ltd 320 pages
**Magic, Spells & Alchemy**

**Ars Notoria - The Method - Version B: Mediaeval Angel Magic**  
(Sourceworks of Ceremonial Magic - Volume 12)  
Stephen Skinner

This is the key to and explanation of the method for using the Ars Notoria, which was a mediaeval method for rapid learning using Magic.

HB 9781912212286 £60.00 January 2021 Golden Hoard Press Pte Ltd 212 pages

**What You Should Know About the Golden Dawn**  
Israel Regardie

This fascinating book has been out of print and highly sought after for many years since its first publication as My Rosicrucian Adventure in 1936. In this work Israel Regardie relates his own personal experience with those secret societies which have exerted such a great influence on the development of modern Occultism. Regardie lifts the cloak of mystery which has shrouded THE HERMETIC ORDER OF THE GOLDEN DAWN, THE ROSICRUCIAN FRATERNITY and THE MASONIC LODGE. From his close personal association Regardie reveals the true nature and actions of such leading Occult authorities as Aleister Crowley, S.L. MacGregor Mathers, Dr. W.W. Westcott, and Dion Fortune.

PB 9781561845743 £27.99 May 2021 New Falcon Publications 224 pages

**Mysticism, Magic & Ritual**

**Enochian Sex Magic And How to Workbook**  
Aleister Crowley, Lon Milo DuQuette, Christopher S Hyatt

This book gives the student immediate access to the world’s most powerful, yet misunderstood system of Magick. Crowley's work on the Enochian system was originally published in The Equinox, his 10-volume Journal of Scientific Illuminism. It was the launching pad for all that followed. Originally published in 1912, it rent the veil of the Inner Order of the Golden Dawn and revealed its most precious jewel for all to see. Lon Milo DuQuette is a recognized expert on Enochian Magick who brings four decades of practical experience in the field to show you how to start using this powerful system right now.

**About the Author:** Aleister Crowley (1875-1947), also known as "The Great Beast" and the "Wickedest Man in the World" was one of the most profound students of Magick, Qabalah and Yoga. His vast influence reaches through all modern occultism. He is widely recognised as the first Western investigator to give initiation a truly scientific method. In reconciling occultism to physical science, mathematics and philosophy, Crowley achieved a lasting synthesis that remains unsurpassed for depth of insight and comprehensiveness. Lon Milo DuQuette lives in Costa Mesa, California. James Wasserman specialises in esoteric literature and currently works in book production and graphic design. He lives in New York City. Mark Stavish is the Director of Studies for the Institute for Hermetic Studies. Christopher S Hyatt, Ph.D. was trained in both psychophysiology and clinical psychology and practised as a psychotherapist for many years. He has published many articles in peer-reviewed, professional journals. Today he is known as the world-famous author of a wide variety of books on psychology, sex, tantra, tarot, self-transformation, and Western magic.

PB 9781561845439 £27.99 April 2021 New Falcon Publications 176 pages
Mysticism, Psychology and Oedipus
Israel Regardie, J Marvin Spiegelman, Ph.D.

Mysticism, Psychology and Oedipus, from the Small Gems series is one of these mysterious alchemies which Regardie and Spiegelman crafted for the serious student of mysticism. Mysticism, Psychology and Oedipus by Dr. Israel Regardie and his friend, world renowned Jungian Psychologist, J. Marvin Spiegelman, Ph.D. was created to reach the serious student at the intersecting paths of magic, mysticism, and psychology. While each area of study overlaps, they also maintain their own individual paths of truth. One of Regardie’s greatest gifts was his rare ability to combine these difficult and diverse subjects and make them understandable.

About the Author: Israel Regardie (1907-1985) was an Adept of the Golden Dawn and he was one of the greatest exponents of the Western Esoteric Tradition of the 20th century. He was also an initiate of Aleister Crowley’s Order of the A.·. A.·., and he was a 19th degree initiate of Crowley’s O.T.O. It was his aim to preserve the teachings and work of the Golden Dawn and Aleister Crowley. His success in this task has profoundly influenced occult thought. From the age of 21, Regardie worked as Crowley’s personal secretary. During this period, until their bitter parting, Regardie was one of the few who knew Crowley well. He was one of the few who were qualified to provide first-hand, personal insight into the character and personality of one of the major figures in Western Magick. In addition to his extensive writings, Regardie practiced as a chiropractor and as a neo-Reichian therapist. He taught Psychiatry at the Los Angeles College of Chiropractic and contributed articles to many Psychology magazines. Regardie’s most profound work, The Complete Golden Dawn System of Magic, is a 1200-page book published by New Falcon Publications; a company he founded with his student Dr. Christopher Hyatt. The book is currently available in three different editions: a) 1200 page hard bound with index; b) eBook with the same material; and c) a new portable edition as a soft cover. Today Regardie’s work is being preserved and perpetuated by New Falcon Publications and the Israel Regardie Foundation. J Marvin Spiegelman

Reviews: “…a representative of the great ‘occult tradition’ of the late 19th century, whose major names include Madame Blavatsky, W.B. Yeats, MacGregor Mathers, A.E. Waite, Aleister Crowley and Dion Fortune. Even in such distinguished company, Regardie stands out as a figure of central importance.” –Colin Wilson

PB 9781561845026 £17.99 November 2021 New Falcon Publications 112 pages

Numerology and the Divine Triangle
Faith Javane, Dusty Bunker

At last a truly comprehensive and authoritative text on numerology! Part I is a complete introduction to esoteric numerology. Part II includes extensive delineations of each of the numbers 1 to 78 and, for the first time in book form, a synthesis of numerology, astrology, and the Tarot. Each number is explained as personal number vibrations, as a temporary number vibration, in terms of its astrological correspondence and in terms of its Tarot symbolism. Each of the Tarot cards is illustrated. Numerology and the Divine Triangle is the book to which all books on the subject will be compared from now on.

About the Author: Dusty Bunker is the author of books on numerology, astrology, and dreams along with a three-book mystery series: The Number Mysteries. She has studied metaphysical subjects for 40 years, wrote a dream column for the Manchester Union Leader and a numerology column for Mademoiselle Magazine, and contributed to the bestselling Time-Life book series Mysteries of the Unknown.

HB 9780764362033 £27.99 September 2021 Schiffer Publishing, Ltd. 272 pages
Seeking the Spirits of Palo Kimbisa
Exploring the Mysterious World of the Afro-Cuban Religion
Sophia Kelly Shultz, Tata Rodriguez

Palero Tata Rodriguez is your guide through this exploration of Palo Kimbisa, an Afro-Cuban religion where nothing is as it seems: elements of nature become spirits that speak to the Tata and initiates, clay pots become miniature sacred groves, and a chef becomes a Tata -- a counsellor, protector, and teacher.

Palo goddaughter Sophia Kelly Shultz experiences and relates Tata Rodriguez’s practices through anecdotes, first-hand accounts, and exquisite pen-and-ink illustrations. Special passages bring life to concepts represented by each Spirit; others highlight important facets of the palero’s beliefs and practices. Stories invite anyone, from future initiates to those who simply wish to know more about this religion, to get a feel for the rules and practicalities -- and the magic -- of Palo.

About the Author: Not quite an itinerant preacher, peripatetic palero Tata Rodriguez moves his family hub as work, housing, or the Spirits dictate. He currently lives in Florida, where, when not working as a chef or with the Spirits (or both), he enjoys fishing and painting. Definitely an itinerant author and artist, Sophia Kelly Shultz, who is also an award-winning quilter and needleworker, lives in Pottsville, Pennsylvania, with her extremely patient husband, David.

HB 9780764360909 £15.99 January 2021 Schiffer Publishing, Ltd. 112 pages
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