



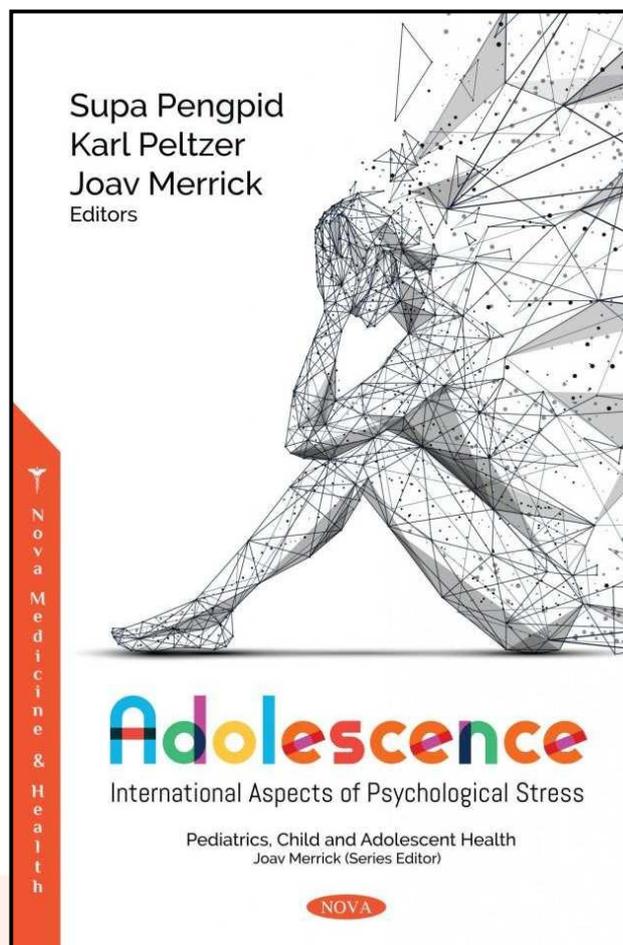
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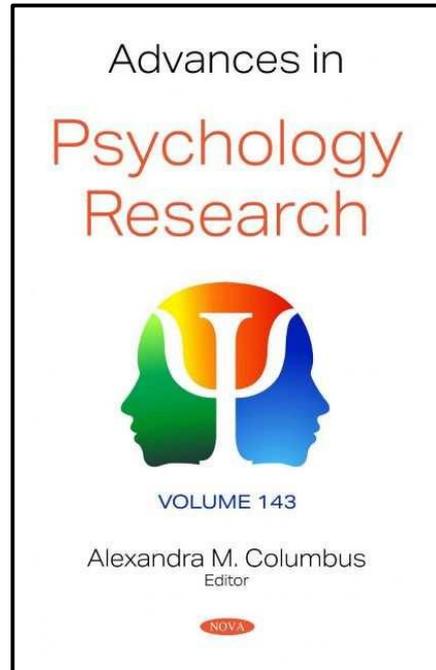
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PSYCHOLOGY



TITLES PUBLISHED BY NOVA SCIENCE

- Advances in Psychology Research
- Giftedness: Identification, Assessment, Nurturing & Treatment
 - Mental Illnesses & Treatments
 - Neuroscience Research Progress
- Pediatrics, Child & Adolescent Health
- Psychology of Emotions, Motivations & Actions
 - Psychology Research Progress



Advances in Psychology Research

Edited by Alexandra M. Columbus

Advances in Psychology Research. Volume 143 first considers the characteristics of digital teaching resources capable of facilitating independent learning that can support the development of new capacities. Following this, the authors focus on factors that may lead to problematic gaming and the theories/frameworks that explain such behavior, ways to mediate excessive game play, and summarize the risks and benefits of video game play.

This compilation also explores how different responses to emotional distress may increase risk for addictive behaviors. Research suggests that individuals may engage in risky or addictive behaviors such as drinking, drug use, and bulimia as a way to ameliorate feelings of emotional distress.

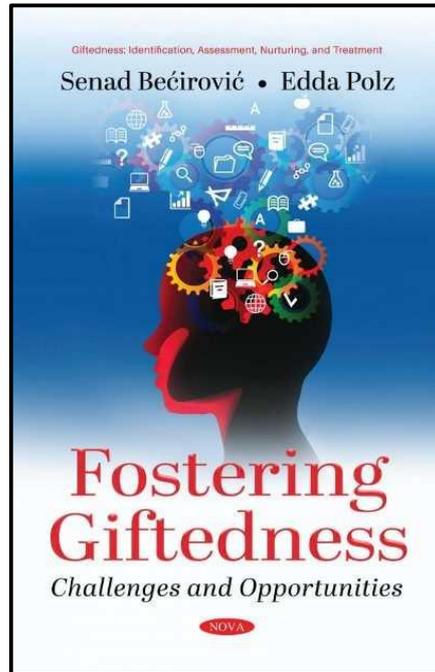
In the closing study, an analysis of five qualifying works of a psychiatrist on the subject of organizational and methodological component is carried out, with the goal of demonstrating that the participation of the psychiatrist in continuing medical education is an organizational advantage.

Volume 143 - HB (9781536189209) £221.99 December 2020 - 191 pages

Volume 144 - HB (9781536195422) £221.99 April 2021 - 241 pages

Volume 145 - HB (9781536197518) £221.99 July 2021

Publisher: Nova Science Publishers



Fostering Giftedness Challenges and Opportunities

Senad Bećirović

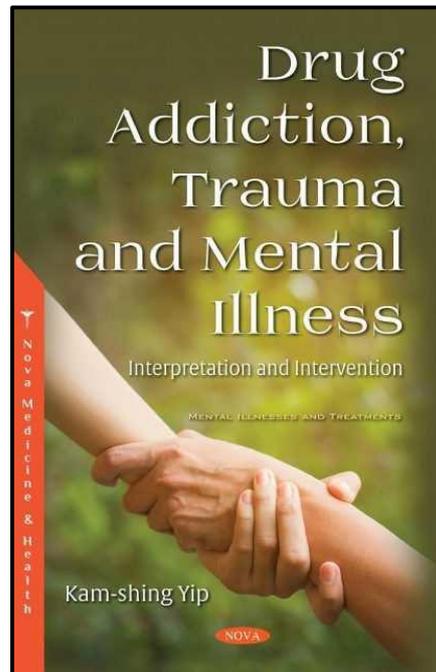
This book contains two parts. The first part, Chapters 1 to 14 provide a systematic insight into key aspects of gifted students starting from different approaches to defining giftedness, then identifying the gifted, their role in the society, gender differences, socio-emotional development, mentoring gifted students, creating an optimal environment for their development, evaluating the work of the gifted, underachievement of the gifted, methods and programs of working with the gifted, use of modern technologies in teaching gifted students, and training of teachers to work with the gifted population.

The second part of the manuscript includes a case study, or empirical research on the development of students gifted in mathematics. The research method is explained first, including a description of the participants and data collection instruments. The research conducted is a case study showing the development of gifted mathematicians both in schools and in the family environment, from early childhood to higher education. The research includes many factors in the family environment such as: socio-economic and educational status of parents, learning conditions, number of children in the family, parents' assistance with school obligations, parents' reaction to children's successes and failures, punishment, etc.

February 2021 - 234 pages

HB (9781536190984) £172.99

Publisher: Nova Science Publishers

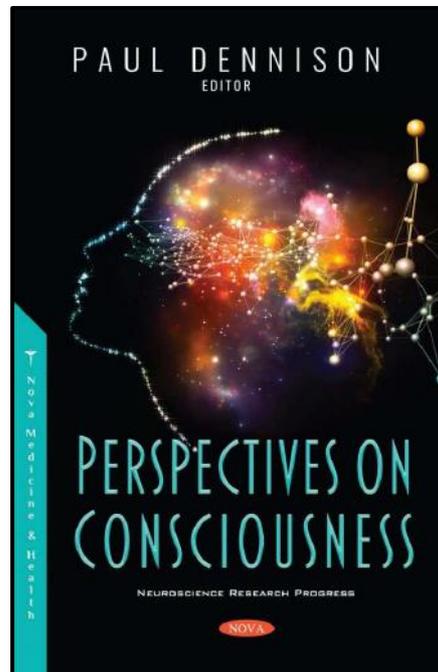


Drug Addiction, Trauma and Mental Illness Interpretation and Intervention

Edited by Kam-shing Yip

Research and clinical experiences show that people engaging in drug addiction for some years usually embrace severe mental illnesses including schizophrenia, borderline personality disorder, depression and post-traumatic stress disorder. Schizophrenia usually occurs in patients with prolonged use of amphetamine and hallucinogens. Borderline personality disorder commonly happens in female addicts who have experienced abandonment and childhood abuse. On the one hand, drug addiction can be used to cope with symptoms of severe mental illness. On the other hand, prolonged drug addiction can also induce severe mental illness. A close look into individuals with chronic drug addiction usually review that they encounter suffering, hardship and traumas. There are two types of traumas encountered by people with drug addiction. The first one is trauma before drug addiction and substance abuse. Many of them may have suffered through abuse, oppression and abandonment in their lives. Another one is drug led traumas because of psychosocial deprivation and medical problems induced by chronic addiction. In this book, apart from describing a comprehensive model in understanding and interpreting the complexity of trauma, mental illness and drug addiction, this model is applied and illustrated in clients with borderline personality disorder and schizophrenia, drug addiction and those who have experience different forms of trauma. Related psychosocial interventions are also thoroughly discussed.

December 2020 - 199 pages
HB (9781536140200) £185.99
Publisher: Nova Science Publishers



Perspectives on Consciousness

Edited by Paul Dennison

Perspectives on Consciousness bridges ancient views on consciousness with modern neuroscience, quantum physics and higher-dimensional mathematics, as well as real-world application to raising awareness of consciousness in teaching.

Following a description of neurobiological approaches towards understanding the subjective nature of conscious experience in Chapter 1, including the enigma of *qualia*, the challenging dilemmas of understanding damaged consciousness following brain injury are reviewed in Chapter 2. The nature of *qualia* is taken up again in Chapter 3, which introduces a Qbit theory of consciousness based on inspirations and insights from quantum mechanics, biology, information theory and thermodynamics.

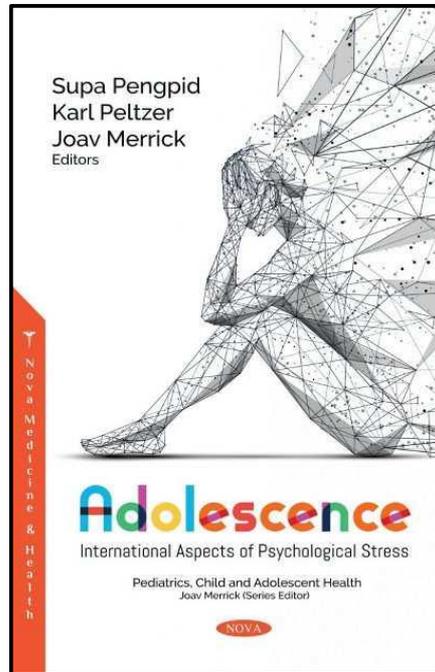
Chapters 4, 5 and 6 bridge ancient and modern views on consciousness, ranging across ancient yet impressively sophisticated Buddhist understandings of perception, feeling and cognition (Chapter 4), the also ancient Jewish mystical tradition of the kabbalistic *Zohar* (Chapter 6), and insights into brain activity drawn from deep states of meditation (Chapter 5). Chapter 5 also includes a discussion of hierarchies of consciousness including likely interactions at the global-societal level with implications to understanding climate change and the Covid-19 pandemic.

Chapter 7 takes readers to the outer reaches of discussions on consciousness to introduce ideas of higher-dimensional structures, and the problem of understanding consciousness within mainstream physics, before the final Chapter 8 sets a refreshing and timely change of pace to consider the need to help children, and their teachers, develop a broader awareness of consciousness as part of life in the global “family.”

March 2021 - 410 pages

HB (9781536193237) £203.99

Publisher: Nova Science Publishers

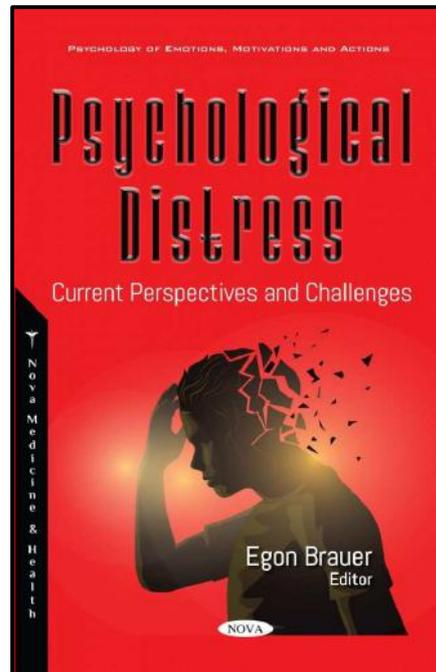


Adolescence International Aspects of Psychological Stress

Edited by Supa Pengpid

Psychological distress is a set of painful mental and physical symptoms that are associated with normal fluctuations of mood. In some cases, however, psychological distress may indicate the beginning of major depressive disorder, anxiety disorder, schizophrenia, somatization disorder, or a variety of other clinical conditions. In this book, the prevalence and correlates of psychological distress, including issues in relation to bullying victimization, poly-victimization, obesogenic behavior, ideal cardiovascular health behavior, and HIV status, were studied in 19 countries. The results will inform researchers and readers of the relevance of school and youth mental health programs and related policies targeting psychological well-being in the adolescent population.

July 2021 - 212 pages
HB (9781536193411) £141.99
Publisher: Nova Science Publishers



Psychological Distress Current Perspectives and Challenges

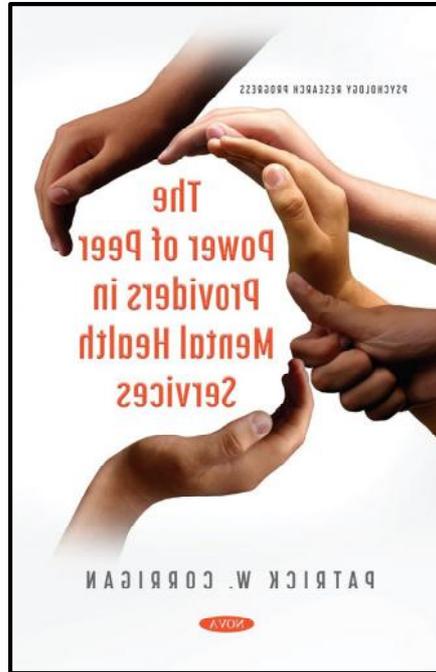
Edited by Egon Brauer

This monograph comprises nine chapters, each providing a different point of view concerning the problem of psychological distress. Chapter One describes alexithymia, a personality trait characterized by a person's inability to identify and describe emotions experienced by themselves or others, and how this trait connects with psychological defense mechanisms. Chapter 2 also examines alexithymia, this time in the context of how artistic creativity can connect to psychological well-being or insanity. Chapter 3 examines some of the biological, developmental, and situational factors that appear to influence the formation and maintenance of one's attachment style, which affects his or her capacity to form and maintain nurturing interpersonal relationships. Chapter 4 reports on the challenges that health professionals encounter when treating mental health problems associated with the stress of being diagnosed with cancer and undergoing treatment. Chapter 5 studies the connection between a mindfulness-based program for elite soccer athletes and these athletes' self-compassion, self-criticism, flow and perceived performance. Chapter 6 studies the link between mental health literacy, fears of compassion, psychological flexibility and psychopathological symptoms in adolescent students. Chapter 7 explores the impact of school violence against teachers on teachers' health, well-being, and job attitudes, and how emotional intelligence can mediate some of the negative impacts of school violence.

May 2021 - 291 pages

HB (9781536195675) £172.99

Publisher: Nova Science Publishers



The Power of Peer Providers in Mental Health Services

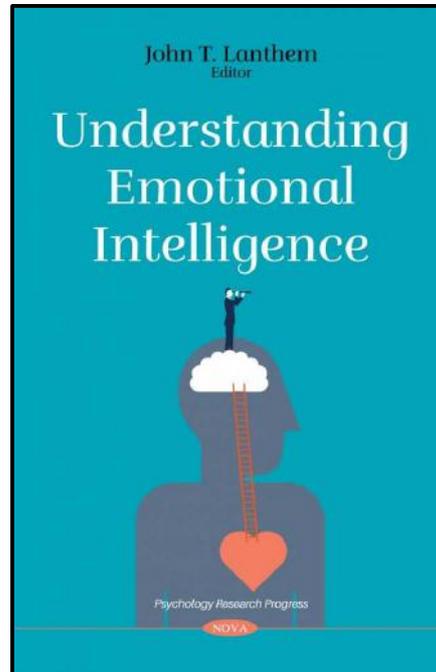
Patrick W. Corrigan

Target Audience: Mental health care professionals, administrators and students from multiple disciplines including psychiatry, clinical psychology, mental health counseling, social work, and psychiatric nursing. People with lived experience of mental illness and recovery are joining leagues of skilled providers who offer services to meet the needs of people with serious psychiatric disorders. The emergence of peer power rides the crest of insights that appeared over the past 50 years related to hope, recovery, and self-determination. Key to these insights is support: coaches, navigators, mentors, and care coordinators who are in the field, addressing the person's goals, and barriers to goals, as they emerge. Peers can clearly learn the interpersonal and instrumental skills of support. In fact, their learned experience may give them special skills and insight into this supportiveness. This book is a deep review into both the conceptual and empirical elements of peer support services.

May 2021 - 357 pages

HB (9781536195972) £203.99

Publisher: Nova Science Publishers



Understanding Emotional Intelligence

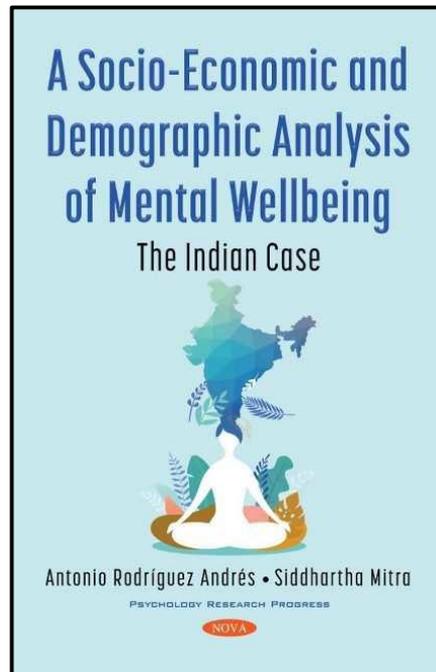
Edited by John T. Lanthem

This book looks at the topic of emotional intelligence from a variety of perspectives, including adolescence, bullying, intimate relationships, and more. Chapter One describes the origin of the concept of emotional intelligence, the change and evolution of emotional intelligence throughout childhood and adolescence, and reviews published findings on the relationship of emotional intelligence with socio-emotional adjustment and bullying behavior. Chapter Two analyzes the role that emotional intelligence might play in establishing effective, stable, healthy, and happy intimate relationships. The third chapter provides a synthesized historical overview of the notion of emotions and the nature of their relationship to the rational mind and analyzes how concepts of “rational” and “emotional” can co-exist. Following this, the fourth chapter explores how the research area of emotional intelligence can be leveraged to prevent bullying victimization and peer aggression. Chapter Five deals with the practical implications of emotional intelligence for work and health. Chapter Six details how levels of physical activity correlate with emotional intelligence in adolescents. Lastly, the final chapter addresses the question of whether self-compassion can predict future anxiety and depression.

March 2021 - 199 pages

HB (9781536194104) £141.99

Publisher: Nova Science Publishers



A Socio-Economic and Demographic Analysis of Mental Wellbeing The Indian Case

Edited by Antonio Rodriguez Andres

A Socio-Economic and Demographic Analysis of Mental Wellbeing: The Indian Case takes a multidisciplinary look at the mental health problem in India with contributions from psychologists, economists and a psychiatrist. Such a novel multidimensional view is necessary as the mitigation of the problem requires the design of appropriate institutional frameworks for medical treatment and counselling based on cost-benefit analysis; an appreciation of the socio-economic triggers of mental illness and how these can be neutralized through policy; and the identification of vulnerable groups as well as important mechanisms through which these groups can protect themselves from mental illness.

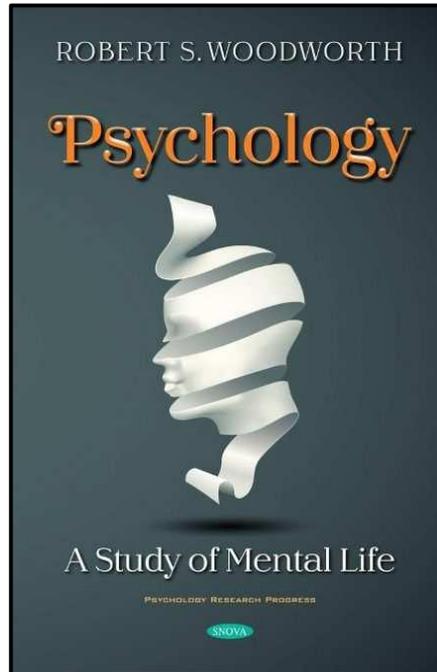
This book will serve as a catalyst for the further use of interdisciplinarity in tackling the mental health problem in India and other developing countries: while psychologists and psychiatrists can develop appropriate institutional strategies for dealing with mental health problems, the economist plays an important role in measuring the costs and benefits associated with alternative strategies and in optimizing choice.

The significance of this book can be attributed to the fact that one of every six people in the world live in India: any notable success in reducing the incidences of mental illness and deficient mental wellbeing in this country will lighten the socio-economic burden on the world by a significant amount.

December 2020 - 177 pages

PB (9781536190236) £84.99

Publisher: Nova Science Publishers



Psychology A Study of Mental Life

Edited by Robert S. Woodworth

Modern psychology is an attempt to bring the methods of scientific investigation, which have proved immensely fruitful in other fields, to bear upon mental life and its problems. The human individual, the main object of study, is so complex an object, that for a long time it seemed doubtful whether there ever could be real science here; but a beginning was made in the nineteenth century, following the lead of biology and physiology, and the work of the investigator has been so successful that there is quite a respectable body of knowledge to assemble under the title of scientific psychology. *Psychology: A Study of Mental Life* by prominent psychologist Robert S. Woodworth is an introduction into scientific psychology.

December 2020 - 598 pages

HB (9781536186451) £203.99

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